



Review of Systems

Make All:

Pos Neg N/A

- OSA symptoms?
- If has congenital heart disease, assess for signs of congestive heart failure
- Emotional status of parents and intrafamilial relationships?
- Symptoms of celiac disease?
- add item

Anticipatory Guidance Discussed

Make All:

Y N N/A

- Discuss cervical spine positioning, especially for anesthesia or surgical or radiologic procedures
- Review signs and symptoms of myopathy
- Contact physician for change in gait, change in use of arms or hands, change in bowel or bladder function, neck pain, head tilt, torticollis, or new-onset weakness



- Advise risk of some contact sports, trampolines
 ▼
- Discuss physical and psychological changes through puberty, need for gynecologic care in the pubescent female
 ▼
- Facilitate transition: guardianship, financial planning, behavioral problems, school placement, vocational training, independence with hygiene and selfcare, group homes, work settings
 ▼
- Discuss sexual development and behaviors, contraception, sexually transmitted diseases, recurrence risk for offspring
 ▼
- add item
 ▼

Plan

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- Hgb
 ▼
 - TSH (annually)
 ▼
 - If myopathic signs or symptoms: obtain neutral position spine films and, if normal, obtain flexion and extension films and refer to pedi neurosurgeon or orthopedic surgeon with expertise in evaluating and treating atlanto-axial instability
 ▼
 - If normal ear-specific hearing established, behavioral audiogram
 ▼
 - Refer to pedi ophtho or ophtho with experience with Down syndrome (annually 1-5 y; every 2 yrs 5-13 yrs; every 3 yrs 13-21 yrs)
 ▼



- Check for sx of celiac disease; if sx present, obtain tissue transglutaminase IgA and quantitative IgA
- ECI - PT, OT, ST
- add item

Lab

Hemoglobin (In Office)

Radiology

Cervical Spine Xray

Followup

Next well visit

by Phone (list reason and time frame)

by Phone (nurse call to check on)

Referral

Ophthalmology

Additional Notes



Navigational Anchors in Downs Syndrome 13 yr to 21 yr Well Supplement - TLC

1. Review of Systems
2. Anticipatory Guidance Discussed
3. Plan
4. Lab
5. Radiology
6. Followup
7. Referral