



Review of Systems

Make All:

Pos Neg N/A

- Constipation?
- OSA symptoms?
- If has congenital heart disease, assess for signs of congestive heart failure
- Emotional status of parents and intrafamilial relationships?
- add item

Anticipatory Guidance Discussed

Make All:

Y N N/A

- Parent to parent contact, support groups, current books and pamphlets
- Reassure parents delayed and irregular dental eruption, hypodontia are common
- Discuss complementary and alternative therapies



- Discuss cervical spine positioning, especially for anesthesia or surgical or radiologic procedures
- Review signs and symptoms of myopathy
- add item

Plan

Select All

- Discuss risk of recurrence of Down syndrome
- Radiographic swallowing assessment if marked hypotonia, slow feeding, choking with feeds, recurrent or persistent respiratory sx, FTT
- Eye exam for cataracts needed
- If constipation, evaluate for limited diet or fluids, hypotonia, hypothyroidism, GI malformation, Hirschsprung
- TSH (@ 6 and 12 mos)
- If myopathic signs or symptoms: obtain neutral position spine films and, if normal, obtain flexion and extension films and refer to pedi neurosurgeon or orthopedic surgeon with expertise in evaluating and treating atlanto-axial instability
- audiology eval @ 6 mos



- Ophtho referral to assess for strabismus, cataracts and nystagmus
notes
- add item
notes

Screening

Order OAE

Lab

Order TSH

Radiology

Order Swallow Study

Order Cervical Spine Xray

Followup

Order Next well visit

Order by Phone (list reason and time frame)

Order by Phone (nurse call to check on)

Referral

Order Audiology

Order Ophthalmology

Order Developmental/Behavioral Pediatrics

Additional Notes



Navigational Anchors in Downs Syndrome 1 Mo - 1 Yr Well Supplement - TLC

1. Review of Systems
2. Anticipatory Guidance Discussed
3. Plan
4. Screening
5. Lab
6. Radiology
7. Followup
8. Referral