



Review of Systems

Make All:

Pos Neg N/A

- Constipation?
- OSA symptoms?
- If has congenital heart disease, assess for signs of congestive heart failure
- Emotional status of parents and intrafamilial relationships?
- Symptoms of celiac disease?
- Chronic cardiac or pulmonary disease? (Needs PCV23 @ age 2)
- add item

Anticipatory Guidance Discussed

Make All:

Y N N/A

- Parent to parent contact, support groups, current books and pamphlets



- Discuss complementary and alternative therapies
- Discuss cervical spine positioning, especially for anesthesia or surgical or radiologic procedures
- Review signs and symptoms of myopathy
- Contact physician for change in gait, change in use of arms or hands, change in bowel or bladder function, neck pain, head tilt, torticollis, or new-onset weakness
- Advise risk of some contact sports, trampolines
- At 30 months, discuss transition to preschool and development of IEP
- Discuss behavioral and social progress
- Y N N/A
- Reassure regarding delayed and irregular dental eruption
- Establish optimal dietary and physical exercise patterns
- add item

Plan



Select All

- Discuss risk of recurrence of Down syndrome
- If constipation, evaluate for limited diet or fluids, hypotonia, hypothyroidism, GI malformation, Hirschsprung
- Hgb annually; CRP and ferritin or CHR if possible risk iron deficiency or hgb < 11 gm
- TSH (annually)
- If myopathic signs or symptoms: obtain neutral position spine films and, if normal, obtain flexion and extension films and refer to pedi neurosurgeon or orthopedic surgeon with expertise in evaluating and treating atlanto-axial instability
- If normal hearing established, behavioral audiogram and tympanometry until bilateral ear specific teting possible. Refer child with abnormal hearing to OT
- If normal ear-specific hearing established, behavioral audiogram
- Sleep study by age 4
- Refer to pedi ophtho or ophtho with experience with Down syndrome (annually 1-5 y; every 2 yrs 5-13 yrs; every 3 yrs 13-21 yrs)
- Check for sx of celiac disease; if sx present, obtain tissue transglutaminase IgA and quantitative IgA
- ECI - PT, OT, ST



- If chronic cardiac or pulmonary disease, give 23-valent pneumococcal vaccine at age > 2 years
- add item

Screening

OAE

Lab

Hemoglobin (In Office)

C Reactive Protein

Ferritin

TSH

Radiology

Cervical Spine Xray

Followup

Next well visit

by Phone (list reason and time frame)

by Phone (nurse call to check on)

Referral

Ophthalmology

Occupational Therapy



Order

Developmental/Behavioral Pediatrics

Additional Notes

Navigational Anchors in Downs Syndrome 1 yr to 5 yr Well Supplement - TLC

1. Review of Systems
2. Anticipatory Guidance Discussed
3. Plan
4. Screening
5. Lab
6. Radiology
7. Followup
8. Referral