



Intake

Informant/Relationship

Vitals

Weight lbs oz



Infant Weight Tracker

Birth Weight

Last Office Visit Weight

Todays Weight

Medication

Discussion of General Lactation Issues

History

Select All

Allergies (to what and what reaction)



notes

- Follow-up on previous concerns (notes below)

notes

- Concerns and questions (notes below)

notes

- add item

notes

Interval Breastfeeding History

Select All

- Frequency of breast feeding

notes

- Does mother feel breastfeeding is effective?

notes

- Does infant appear satisfied after nursing?

notes

- Stooling pattern normal?

notes

- Urinating frequently

notes

- Using shield or shells

notes

- Pain with latch

notes



- Cracked or crusty nipples
- If milk is expressed, how, how much, and how often?
- If supplement is used, what is given, how and how frequently?
- Pacifier use?
- add item

Infant assessment pertinent to breastfeeding

Select All

- Level of alertness
- Jaundice
- Tone
- Ora-pharynx/tongue
- Rooting reflex present
- Suck reflex present



notes

add item

notes

Nursing breast assessment

Select All

Flat or inverted nipples

notes

Breast erythema

notes

Nipple discoloration (describe)

notes

Cracking of nipple

notes

Crusting of nipple

notes

Tenderness to palpation (include location)

notes

Engorgement

notes

add item

notes

Observation of/assistance with nursing (note recommendations)



Make All:

Yes No N/A

- Mother appears comfortable with baby in arms (state hold: cradle, cross-cradle, or football)
- Infant appears comfortable: ear, shoulder, hip aligned; belly to belly with mother
- Mother is comfortable assisting infant to "self-latch"
- Infant latches easily
- Infant lips flanged over areola
- Infant jaw movement appropriate without hollowing of cheeks
- No clicking audible
- Latch is asymmetric (or comfortable)

Yes No N/A

- Audible swallow appreciated
- Sucking transitions from stimulation to nutritive to non-nutritive or release
- Infant sustains effective nursing for at least 5 minutes



notes

- Infant appears satisfied after release

notes

- Nipple shield in use

notes

- add item

notes

Medical Procedure

Order Frenotomy incision of lingual frenum

Order Frenotomy Incision of labial frenum

Diagnoses

add diagnosis

notes

Plan for breastfeeding

Select All

- Reassurance and support given

notes

- Reviewed early signs of hunger, including tensing of hands and shoulders-no need to wait for open eyes

notes

- Reviewed normal sucking patterns: transition from stimulation to nutritive to release or non-nutritive

notes



- Reviewed normal nursing pattern: every 3 hours or more frequently as infant demands
- Reviewed normal nursing pattern: infant should nurse for at least 5 minutes or until releases on own
- Demonstrated position to hold infant (state which one/s)
- Demonstrated "baby-led" latch
- Demonstrated ways to hold breast to facilitate latch: simple lift or "sandwich" v "taco" holds
- Discussed difference in sensation of non-nutritive v. nutritive sucking
- Express breastmilk for comfort only
- Galactogogues discussed (note if fenugreek or mother's milk tea recommended)
- Increase frequency of expression
- Manual expression demonstrated
- Massage
- Supplementation recommended (document method-education if necessary)



- Use of pump demonstrated
- Warm compresses
- Weaning discussed
- Breastmilk storage discussed: 6-8h at room temp, 2-3 days fridge, 2-3m freezer. Do not add fresh milk to frozen.
- Lab
- Medication
- Follow up/next visit:
- Time Spent
- add item



Navigational Anchors in Lactation Follow-up - Infant - CCP

1. Vitals
2. Infant Weight Tracker
3. Medication
4. Discussion of General Lactation Issues
5. History
6. Interval Breastfeeding History
7. Infant assessment pertinent to breastfeeding
8. Nursing breast assessment
9. Observation of/assistance with nursing (note recommendations)
10. Medical procedure
11. Diagnoses
12. Plan for breastfeeding