



Intake

Informant/Relationship

Medication

History

Select All

- Allergies (to what and what reaction)

- Follow-up on previous concerns (notes below)

- Concerns and questions (notes below)

- add item

Discussion of General Lactation Issues

Interval Breastfeeding History

Select All

- Frequency of breast feeding



notes

- Does mother feel breastfeeding is effective?

notes

- Does infant appear satisfied after nursing?

notes

- Stooling pattern normal?

notes

- Urinating frequently

notes

- Using shield or shells

notes

- Pain with latch

notes

- Cracked or crusty nipples

notes

- Pain after or between nursing

notes

- Does nipple blanch after infant releases

notes

- Pain throughout nursing

notes

- If milk is expressed, how, how much, and how often?

notes

- If supplement is used, what is given, how and how frequently?



notes

Pacifier use?

notes

add item

notes

Infant assessment pertinent to breastfeeding

Select All

Level of alertness

notes

Jaundice

notes

Tone

notes

Ora-pharynx/tongue

notes

Rooting reflex present

notes

Suck reflex present

notes

add item

notes

Nursing breast assessment



Select All

- Breast erythema
notes
- Flat or inverted nipples
notes
- Nipple discoloration (describe)
notes
- Cracking of nipple
notes
- Crusting of nipple
notes
- Tenderness to palpation (include location)
notes
- Engorgement
notes
- add item
notes

Observation of/assistance with nursing (note recommendations)

Make All:

Yes No N/A

- Mother appears comfortable with baby in arms (state hold: cradle, cross-cradle, or football)
notes
- Infant appears comfortable: ear, shoulder, hip aligned; belly to belly with mother



notes

Mother is comfortable assisting infant to "selflatch"

notes

Infant latches easily

notes

Infant lips flanged over areola

notes

Infant jaw movement appropriate without hollowing of cheeks

notes

No clicking audible

notes

Latch is asymmetric (or comfortable)

notes

Yes No N/A

Audible swallow appreciated

notes

Sucking transitions from stimulation to nutritive to non-nutritive or release

notes

Infant sustains effective nursing for at least 5 minutes

notes

Infant appears satisfied after release

notes

Nipple shield in use



notes

-
-
-

add item

notes

Diagnoses

add diagnosis

notes

Plan for breastfeeding

Select All

Reassurance and support given

notes

Reviewed early signs of hunger, including tensing of hands and shoulders-no need to wait for open eyes

notes

Reviewed normal sucking patterns: transition from stimulation to nutritive to release or non-nutritive

notes

Reviewed normal nursing pattern: every 3 hours or more frequently as infant demands

notes

Reviewed normal nursing pattern: infant should nurse for at least 5 minutes or until releases on own

notes

Demonstrated position to hold infant (state which one/s)

notes

Demonstrated "baby-led" latch

notes



- Demonstrated ways to hold breast to facilitate latch: simple lift or "sandwich" v "taco" holds
- Discussed difference in sensation of non-nutritive v. nutritive sucking
- Express breastmilk for comfort only
- Galactagogues discussed (note if fenugreek or mother's milk tea recommended)
- Increase frequency of expression
- Manual expression demonstrated
- Massage
- Supplementation recommended (document method-education if necessary)
- Use of pump demonstrated
- Warm compresses
- Weaning discussed
- Breastmilk storage discussed: 6-8h at room temp, 2-3 days fridge, 2-3m freezer. Do not add fresh milk to frozen.



- Lab
- Medication
- Follow up/next visit:
- Time Spent
- add item

Navigational Anchors in Lactation follow-up - Maternal - CCP

1. Medication
2. History
3. Discussion of General Lactation Issues
4. Interval Breastfeeding History
5. Infant assessment pertinent to breastfeeding
6. Nursing breast assessment
7. Observation of/assistance with nursing (note recommendations)
8. Diagnoses
9. Plan for breastfeeding