



Intake

Informant/Relationship

Infant Weight Tracker

Birth Weight

Last Office Visit Weight

Todays Weight

History of Present Illness

Discussion of General Lactation Issues

Past Medical History (pertinent to lactation issues)

Make All:

Yes No

Diabetes (include type)

Endocrine problems other than diabetes (give type)



notes

Hypertension

notes

Cancer (include treatments)

notes

Anemia

notes

Breast surgery (reduction, augmentation, lift, etc)

notes

Nutritional issues (obesity or anorexia nervosa)

notes

Alcohol use

notes

Yes No

Cigarettes (include number of ppd)

notes

Allergies

notes

Mental Health Disorders

notes

Cardiac Disease (include any history of arrhythmias)

notes

add item



notes

Medication

Perinatal History

Make All:

Yes No ?

Fertility problems (name problem and list interventions)

notes

Breast changes during pregnancy

notes

SVD (if not, name intervention and reason)

notes

Full term (if no, give gestational age)

notes

Preterm labor (list interventions)

notes

First nursing/attempt < 1hour after birth

notes

Skin to skin following delivery

notes

Breast changes after delivery (include when noted)

notes

Yes No ?



- Rooming in (infant in room with mother with exception of procedures, eg. circumcision)
- Blood Sugar Issues
- NICU stay
- Jaundice
- Phototherapy
- Supplement given (list supplement and method used as well as reason/s)
- Breastmilk expressed (include method (hand, manual or electric pump)) and frequency
- add item

Breastfeeding History Since Discharge

Make All:

Y N N/A

- Nursing every 2-3 hours
- Breasts feel fuller prior to nursing, softer after



notes ▼

Frequent urination (state number of wet diapers in previous 24 hours)

notes ▼

Stooling (include description: meconium, transition, seedy; and number of stool in previous 24 hours)

notes ▼

Engorgement

notes ▼

Sore nipples with latch

notes ▼

Sore nipples throughout nursing

notes ▼

Cracking of nipples

notes ▼

Y N N/A

Crusting of nipples

notes ▼

Breast pain

notes ▼

Pacifier used

notes ▼

Milk expression (include method: hand, manual pump, electric pump (incl brand) and how often)

notes ▼

Supplementation (include method, frequency and whether expressed breast milk or formula)



notes

- Use of nipple shields for nursing or shells between nursing

notes

- add item

notes

Infant assessment pertinent to breastfeeding

Select All

- Level of alertness

notes

- Jaundice

notes

- Tone

notes

- Ora-pharynx/tongue

notes

- Rooting reflex present

notes

- Suck reflex present

notes

- add item

notes

Nursing breast assessment



Select All

- Flat or inverted nipples
notes
- Breast erythema
notes
- Nipple discoloration (describe)
notes
- Cracking of nipple
notes
- Crusting of nipple
notes
- Tenderness to palpation (include location)
notes
- Engorgement
notes
- add item
notes

Observation of/assistance with nursing (note recommendations)

Make All:

Yes No N/A

- Mother appears comfortable with baby in arms (state hold: cradle, cross-cradle, or football)
notes
- Infant appears comfortable: ear, shoulder, hip aligned; belly to belly with mother



notes ▼

Mother is comfortable assisting infant to "selflatch"

notes ▼

Infant latches easily

notes ▼

Infant lips flanged over areola

notes ▼

Infant jaw movement appropriate without hollowing of cheeks

notes ▼

No clicking audible

notes ▼

Latch is assymetric (or comfortable)

notes ▼

Yes No N/A

Audible swallow appreciated

notes ▼

Sucking transitions from stimulation to nutritive to non-nutritive or release

notes ▼

Infant sustains effective nursing for at least 5 minutes

notes ▼

Infant appears satisfied after release

notes ▼

Nipple shield in use



notes

-
-
-

add item

notes

Diagnoses

add diagnosis

notes

Plan for breastfeeding

Select All

Reassurance and support given

notes

Reviewed early signs of hunger, including tensing of hands and shoulders-no need to wait for open eyes

notes

Reviewed normal sucking patterns: transition from stimulation to nutritive to release or non-nutritive

notes

Reviewed normal nursing pattern: every 3 hours or more frequently as infant demands

notes

Reviewed normal nursing pattern: infant should nurse for at least 5 minutes or until releases on own

notes

Demonstrated position to hold infant (state which one/s)

notes

Demonstrated "baby-led" latch

notes



- Demonstrated ways to hold breast to facilitate latch: simple lift or "sandwich" v "taco" holds
- Discussed difference in sensation of non-nutritive v. nutritive sucking
- Express breastmilk for comfort only
- Galactagogues discussed (note if fenugeek or mother's milk tea recommended)
- Increase frequency of expression
- Manual expression demonstrated
- Massage
- Supplementation recommended (document method-education if necessary)
- Use of pump demonstrated
- Warm compresses
- Weaning discussed
- Breastmilk storage discussed: 6-8h at room temp, 2-3 days fridge, 2-3m freezer. Do not add fresh milk to frozen.



Lab

Medication

Follow up/next visit:

Time Spent

add item

Navigational Anchors in Lactation Visit Intial - Maternal - CCP

1. Infant Weight Tracker
2. History of Present Illness
3. Discussion of General Lactation Issues
4. Past Medical History (pertinent to lactation issues)
5. Medication
6. Prenatal History
7. Breastfeeding History Since Discharge
8. Infant assessment pertinent to breastfeeding
9. Nursing breast assessment
10. Observation of/assistance with nursing (note recommendations)
11. Diagnoses
12. Plan for breastfeeding