

**History of Present Illness****History of Present Illness**

Which ear?

Length of time of ear pain?

Any associated fever?

URI symptoms?

Worse at night or day?

Associated crankiness?

Pulling on ear?

Teething?

Waking at night?

Associated headache?

Recent ear infections?

Swimming or cleaning ear drums?

Discharge from ears, consistency and color?

Pain with swallowing, coughing, lying down?



notes

Activity level?

notes

Response to medications, and medications used?

notes

Allergy symptoms?

notes

Anything placed in ear canal?

notes

Vitals

Respiratory Rate breaths per minute

Temperature °F Method

 More

Past, Social, Family History

History of ear infections?

notes

History of travel or swimming?

notes

Response to medications in past?

notes

History of myringotomy tubes, tonsillectomy/Adenoidectomy?

notes

Past, Social, Family History

Review of Systems

Make All:

Pos Neg N/A

Fever



notes

Other

notes

add item

notes

Physical Exam

Make All: **ABN** **NL** **N/E**

ABN NL N/E

Head

notes

Ears

notes

Eyes

notes

Nose

notes

Throat

notes

Neck

notes

Chest

notes

Lymph Nodes

notes

ABN NL N/E

Other

notes

add item

Lab**Radiology****Medical Procedure** Cerumen Removal Removal of Foreign Body**Supply** Nasopharyngeal swab to remove cerumen Water pik to remove cerumen Metal probe to remove foreign body**Medical Test****Diagnoses** **Plan** Antibiotics Elevate Monitor for fever and persistent ear pain/irritability Motrin/Tylenol Warm compress



- No swimming for two days, or until the pain resolves

notes

- Depending on chronicity of ear infections, or fluid in ear, an ENT referral

notes

- add item

notes

Plan Notes

Navigational Anchors in Ear Ache

1. History of Present Illness
2. Vitals
3. Past, Social, Family History
4. Review of Symptoms
5. Physical Exam
6. Lab
7. Diagnoses
8. Plan