### History of Present Illness

#### Which ear?

notes

#### Length of time of ear pain?

notes

#### Any associated fever?

notes

#### URI symptoms?

notes

#### Worse at night or day?

notes

#### Associated crankiness?

notes

#### Pulling on ear?

notes

#### Teething?

notes

#### Waking at night?

notes

#### Associated headache?

notes

#### Recent ear infections?

notes

#### Swimming or cleaning ear drums?

notes

#### Discharge from ears, consistency and color?

notes

#### Pain with swallowing, coughing, lying down?
Ear Ache

Activity level?
notes

Response to medications, and medications used?
notes

Allergy symptoms?
notes

Anything placed in ear canal?
notes

Vitals
Respiratory Rate __________ breaths per minute
Temperature __________ °F Method Unspecified

Past, Social, Family History
History of ear infections?
notes

History of travel or swimming?
notes

Response to medications in past?
notes

History of myringotomy tubes, tonsillectomy/Adenoidectomy?
notes

Past, Social, Family History

Review of Systems
Make All: Pos Neg N/A

Pos Neg N/A
○ ○ ○ Fever

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Physical Exam

ABN NL N/E

- Head
- Ears
- Eyes
- Nose
- Throat
- Neck
- Chest
- Lymph Nodes

Other

notes

notes

notes

notes

notes

notes

notes

notes

notes

notes

notes

notes

notes
### Lab

### Radiology

### Medical Procedure
- **Order** Cerumen Removal
- **Order** Removal of Foreign Body

### Supply
- **Order** Nasopharyngeal swab to remove cerumen
- **Order** Water pik to remove cerumen
- **Order** Metal probe to remove foreign body

### Medical Test

### Diagnoses

- [ ] add diagnosis

### Plan

- [ ] Antibiotics
- [ ] Elevate
- [ ] Monitor for fever and persistent ear pain/irritability
- [ ] Motrin/Tylenol
- [ ] Warm compress

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Ear Ache

- No swimming for two days, or until the pain resolves
  - notes

- Depending on chronicity of ear infections, or fluid in ear, an ENT referral
  - notes

- add item
  - notes

Plan Notes

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**Navigational Anchors in Ear Ache**

1. History of Present Illness
2. Vitals
3. Past, Social, Family History
4. Review of Symptoms
5. Physical Exam
6. Lab
7. Diagnoses
8. Plan