

**Infant Information**

How often does baby nurse in 24 hrs?

How long does each feeding last? (1 side or both)

Who ends feeding? Baby or Mom

Feeding behavior, position and latch (visual or verbal)**Select All** Ears, shoulders, hips in alignment Nipple confusion Feeds on nipple, not areola Chin indents breast Cries at the breast Lips not flanged Lips flanged Audible swallowing Falls off breast (during feed and/or end of feed) Cheeks dimpling



Cheeks rounded

notes

Circular movement of jaw

notes

Stays attached & sleeps, no sucking

notes

Other

notes

add item

notes

Returning to Work/School

Date returning (full time or part time):

notes

Hours of mom/infant separation, including travel time, per day:

notes

Supportive employer (yes or no)

notes

Accessible place to store milk?

notes

Access to private place to pump?

notes

Accessible place to clean pump equipment?

notes

Assistance Provided During Consult

Select All

Latch

notes

Positioning

notes



- SNS
notes
- Handouts
notes
- Other
notes
- add item
notes

Additional Education

Select All

- Signs of good/bad latch
notes
- Diaper counts
notes
- Pumping
notes
- Hunger/satiety cues
notes
- Nipple care
notes
- Return to work/school
notes
- Skin-to-skin care
notes
- Milk storage
notes
- Medications and BF
notes
- Establishing milk supply

-
- Breast care/engorgement

-
- Prenatal education items

-
- add item

Mother Information

of previous children

of previous children breastfed

Avg length of BF

Previous breast surgeries? Yes or No

Current maternal medications

History of breastfeeding problems:

How is breastfeeding going for mom and infant?

Using breast pump? If yes, type and frequency of pumping:

Returning to work/school (yes or no). If yes, date returning:

Milk Supply - Nipple/Areola Assessment - Breast Assessment

Select All

-
- Colostrum



notes

- WNL for days postpartum

notes

- Low milk supply

notes

- Over-abundant milk supply

notes

- Pain/soreness (mild, moderate, extreme)

notes

- Engorgement (mild, moderate, extreme)

notes

- Blistered/cracked/bleeding (mild, moderate, extreme)

notes

- Everted/flat/inverted

notes

- Everts at rest and/or stimulation (specify)

notes

- Pain in breasts

notes

- Engorgement

notes

- Softer after feeding

notes

- Mastitis/Inflammation

notes

- Fever/Flu symptoms

notes

- Redness

notes



- Lump/Mass
notes
- Plugged duct
notes
- Other
notes
- add item
notes

Diagnoses

- add diagnosis
notes

Followup

Order

Return to office (list reason and time frame)

Navigational Anchors in Lactation

1. Infant Information
2. Feeding
3. Returning to Work/School
4. Assistance
5. Additional Education
6. Mother Information
7. Diagnoses
8. Follow Up