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**Current Medication:** 

Status Allergy				Reaction		Onset	Resol	ved
PCC eRx Alle	ergies (Chart-wide) Last	Modified N/A			Display: Al	II Status	ses	
Status	Allergen		Reaction	Severity	Sensitivity Type	Onset	Resol	ved
	r, Social History Story (Chart-wide) No S	Saved Notes					E	Edit
	story (Chart-wide) No S	Saved Notes						Edit
running inicul	Condition	- Th	Relationship		Note	2		
Problem Lis	t (Chart-wide) Problem			Disp Problem Note	olay: All Statuses	s ▼ Onset	Resolv	Edit ved
Medication I	History (Chart-wide) Las	t Modified N/A			Display: Al	II Status	ses	*
Status	Medication			Instructi	ons	!	Start S	top
Transition o	tial Notes (Chart-wide) f Care (ARRA) ansitioned to my care from	No Saved Not					E	Edit
Medicatio	n Reconciliation performe	d						
HPI								
EPPA ADD f								
notes	nse to treatment/meds:							-
HOTES								

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notes	· ·
Daily or school days:	
notes	•
Current grade in school:	
notes	▼
Academic performance:	
notes	•
Overall behavior at school:	
notes	▼
Overall behavior at home:	
notes	v
Activities:	
notes	•
( ) and a second control of the second contr	
Screen time:	•
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes	00000 MECK 200 E8 CHARAST 20 80 DAYS
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:	participation in home, friend, or school
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Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:  notes  Any new patient preference and functional/life style goals:  notes	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:  notes  Any new patient preference and functional/life style goals:  notes	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:  notes  Any new patient preference and functional/life style goals:  notes  parent/patient questions about meds:  notes	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:  notes  Any new patient preference and functional/life style goals:  notes  parent/patient questions about meds:  notes	participation in home, friend, or school
Screen time:  notes  Prior ADD/ADHD Care Plan Goal: ADD/ADHD is well controlled and not limiting pactivities.  notes  Potential barriers to meeting ADD/ADHD Care Plan Goal:  notes  Any new patient preference and functional/life style goals:  notes  parent/patient questions about meds:  notes  OTC meds:	participation in home, friend, or school

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		notes	•
0 0	0	Loss of Appetite	
		notes	-
0 0	0	Not Sleeping Well	
		notes	-
0 0	0	add item	•
0 0		notes	•
EPPA R	os-	Cardiovascular	
Make	All:	Yes No N/A	
Yes No	N/A		
0 0		Palpitations	
		notes	-
00	0	Chest Pain	
		notes	-
00	0	Dizziness during Exercise	
		notes	-
0 0	0	Fainting during Exercise	
		notes	•
0 0	0	add item	-
		notes	-
EPPA R	ros -	GI	
Make	All:	Yes No N/A	
Yes No			
0 0	0	Abdominal Pain	_
		notes	*
0 0	0	Nausea	
		notes	*
0 0	0	Vomiting	
		notes	•
0 0	0	add item	•

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	notes	•
EPPA ROS	- Neurologic	
Make All:	Yes No N/A	
Yes No N/A	A	
000	Change in Language or Academic Performance	
	notes	•
000	Changes in Mood, Attention, or Speech	
	notes	•
000	Tremors or other Involuntary Movements	
	notes	-
000	Dizziness	
	notes	•
000	Headache Increase in Severity	
	notes	•
000	Changes in Orientation, Memory, Insight, or Judgement	
0 0 0	notes	•
000	add item	•
	notes	•
EPPA ROS  Make All:  Yes No N/A		
0 0 0		
	notes	-
000	Impulsivity	
	notes	
000	Oppositional Behavior	
	notes	
000	Decreased interest in Social Activities and Hobbies that use to be Pleasurable	
	notes	
000	Sense of Worthlessness/ Decreased Self Esteem	
	notes	•

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D	ШΓ	<b>7</b> f	/u	П	ы	ח	٨
4 I J		, ,	/ LI		14	-	$^{\Delta}$

0	0	0	Feeling Sad	
			notes	•
0	0	0	Feeling worried or anxious	
			notes	-
0	0	0	Flat Affect/ Restriction of Emotions	
			notes	-
Vac	No	NI/A		
0	0	0	Emotional Liability	
			notes	•
0	0	0	Feeling like people are out to get you	
			notes	-
0	0	0	Visual or Auditory Hallucinations	
			notes	•
0	0	0	Suicide Thoughts/Attempts	
			notes	-
0	0	0	Thoughts of Harm to Others	
			notes	•
0	0	0	add item	•
		- SC	notes	-
Per	tine	nt Hi	story	
EPF	PA P	ertin	ent Past Medical Hx	
M	ake A	Alle F	Yes No N/A	
Yes	No	N/A	Anxiety	
			notes	*
$\circ$	0	0	Donroccion	
	0	0	Depression notes	•
_				
0	0	0	Learning disability/developmental delay	
			notes	
0	0	0	Alcohol or drug use/abuse	
			notes	w

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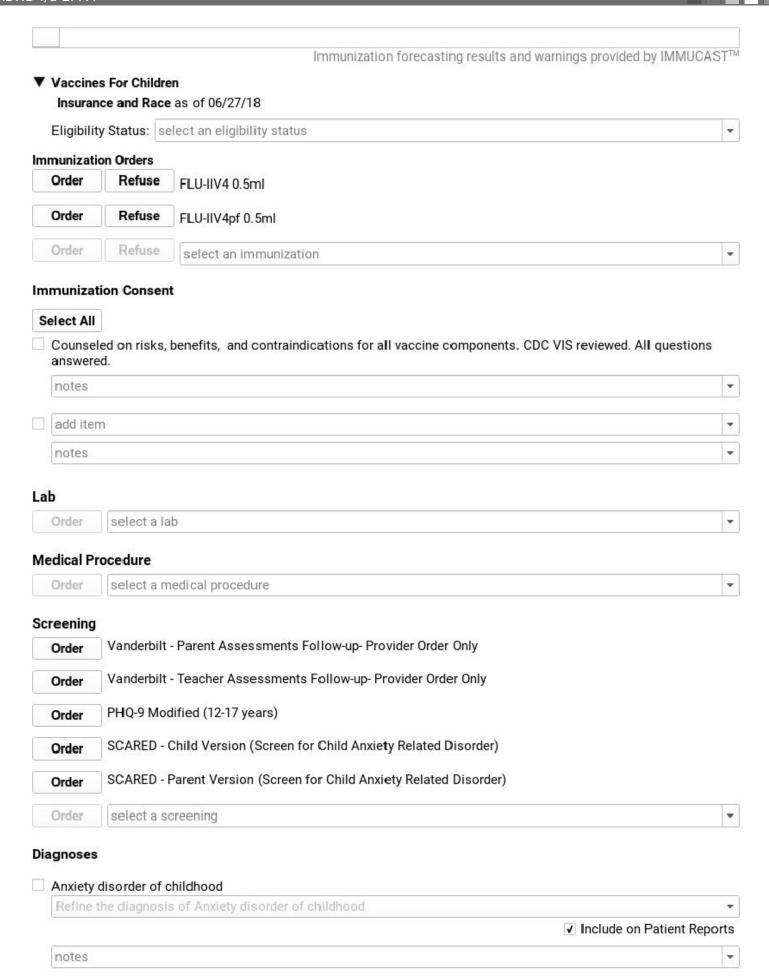
0			
	0	0	add item
			notes
FDD	۸ D	artin	ent Family Hx
Mal	ke A	dl: Y	res No N/A
Yes I			
0	0	0	ADHD
			notes
0	0	0	Depression
			notes
0	0	0	Anxiety
			notes
0	0	0	Drug Abuse
			notes
0	0	0	Mental retardation/developmental disorders
			notes
0	0	0	add item
0			Processors -
	۸ D.		notes
EPP# Mak	ke A	all: N/A	ent Social Hx
EPP# Mak	ke A No	all: N/A	ent Social Hx /es No N/A
Mak Yes I	ke A No	N/A	ent Social Hx  /es No N/A  Domestic violence in home
Mak Yes I	ke A	N/A	ent Social Hx  /es No N/A  Domestic violence in home  notes
Mak Yes I	ke A	N/A	ent Social Hx  Yes No N/A  Domestic violence in home  notes  Drug/alcohol abuse in household  notes  Extreme social problems that can impact and determine health (e.g. lack of availability of resources t
Mak Yes I	ke A	N/A	ent Social Hx  /es No N/A  Domestic violence in home  notes  Drug/alcohol abuse in household  notes  Extreme social problems that can impact and determine health (e.g. lack of availability of resources t meet daily needs, access to education, economic and job opportunities; exposure to crime, violence, and the social problems are considered.
Mak Yes I	ke A	N/A	ent Social Hx  Tes No N/A  Domestic violence in home  notes  Drug/alcohol abuse in household  notes  Extreme social problems that can impact and determine health (e.g. lack of availability of resources t meet daily needs, access to education, economic and job opportunities; exposure to crime, violence, other social disorder; residential segregation; etc.)
Mak Yes I	No	N/A	ent Social Hx  /es No N/A  Domestic violence in home  notes  Drug/alcohol abuse in household  notes  Extreme social problems that can impact and determine health (e.g. lack of availability of resources to meet daily needs, access to education, economic and job opportunities; exposure to crime, violence, other social disorder; residential segregation; etc.)
Mak Yes I	No	N/A	ent Social Hx  /es No N/A  Domestic violence in home  notes  Drug/alcohol abuse in household  notes  Extreme social problems that can impact and determine health (e.g. lack of availability of resources to meet daily needs, access to education, economic and job opportunities; exposure to crime, violence, other social disorder; residential segregation; etc.)  notes  Family disruption

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	HD	f/ii	Е	PPA
-15				

)	0	add item	
		notes	
cal	Exa	m	
e A	II: A	BN NL N/E	
NL	N/E		
0	0	General Appearance	
		notes	
0	0	Head	
		notes	
0	0	Eyes	
		notes	
0	0	Neck	
		notes	
0	0	Lungs	
		notes	
0	0	Cardiovascular	
		notes	
0	0	Musculoskeletal	
		notes	
0	0	Neurologic	
		notes	
		add item	
~	_	notes	
es			Display: All Statuses ▼ E
ıniz	atio	ns	N = 300
			Print
		here are no immunizations recorded for this patient	
ase		here are no vaccine-preventable diseases for this patient	
	cal e A NL O O O O O O O O O O O O O O O O O O	cal Exa e All: A NL N/E O O O O O O O O O O O O O O O O O O O	notes  cal Exam  e All: ABN NL N/E  NL N/E  General Appearance notes  Head notes  Eyes notes  Neck notes  Cardiovascular notes  Musculoskeletal notes  Neurologic notes  Neurologic notes  Intes  There are no immunizations recorded for this patient ered asses

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Add to Problem List	Onset.	mm/dd/yy	Problem Note:	problem note	
Add to Froblem List	Oliset.	min/dd/yy	r robiem Note.	problem note	
Attention deficit hyperactivit	y disorde	r, combined ty	уре		
					✓ Include on Patient Repo
notes				·	
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
Attention deficit hyperactivit	y disorde	r, predominan	ntly hyperactive in	npulsive type in re	emission ✓ Include on Patient Repo
notes					
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
Attention deficit hyperactivit				10.30	DAMA (III) A Workshops
Refine the diagnosis of Atte	ntion der	icit nyperacti	vity disorder, pred	ominantly inatter	OHAWA documents
					✓ Include on Patient Repo
notes				V	
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
Depressive disorder					
Refine the diagnosis of Dep	ressive di	sorder			
Refile the diagnosis of Dep	icosive ui	oorder.			✓ Include on Patient Report
notes					<u></u>
	_				
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
select diagnosis					
notes					
PPA ADHD Plan Select All Med changes:					
_					
notes					
PA PMAware queried for firs	t time or	new prescript	tion for controlled	d substance	
notes					
No cardiac risk factors					
notes					
Reviewed growth charts/ VS					
notes					
liotes					

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	notes	
j	Reviewed side effects and purpose of medications	
	notes	
	Reviewed recommendations for and reasons for daily med use 365d/y	
	notes	
	Potential barriers to compliance with prescribed medication regimen discussed and recommendations reviewed	
	notes	
	Reviewed targeted behaviors including improved/optimal school performance, improved social functioning and behavior in multiple settings outlined and discussed with family	
	notes	
	Educational management changes:	
	notes	
	Behavioral management changes:	
	notes	
	Community resources reviewed and provided as indicated	
	notes	
	Vanderbilt follow-up forms given for next visit	
	notes	
	Therapist list given	
	notes	
	Discussed risks of increased MVA in teens with ADHD who are not compliant with medication	
	notes	
	Discussed illegality of medication diversion	
	notes	
	Other	
	notes	
	add item	

Greater than 50% of today's visit was spent in counseling

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add ite	m		
auu ite	111		•
notes			*
Followup			
Order	Follow up in 3 months		
Order	select a followup		۳
Referral			
Order	select a referral		*
·	(Chart-wide)	Print Display: All Statuses ▼ Edi	

## EPPA ADHD Parent/patient instruction/information

#### Select All

REMEMBER THE FOLLOWING INFORMATION ABOUT ACHIEVING GOOD ADD/ADHD CONTROLI:

We have reviewed your child's medications, their purpose, dosing and possible side effects

We have reviewed the Vanderbilt questionnaires and any other information you and his school has provided to us and discussed the results and the implications of those results to your child.

We feel that optimum medication management for ADHD is for your child to take his medications every day, even on days he doesn't have school. He will benefit from being able to pay attention, being less distractable and less impulsive when at home and when interacting with his friends and family as much or more than when at school. The stimulant medications (concerta, vyvanse, adderall, ritalin, metadate, quilivant, methylphenidate, ritalin, etc.) should be given in the morning or rarely, after school if so instructed. These medications will have an effect lasting from 4-12hours depending on the medication. If given too late in the day, they may interfere with sleep. If your child has trouble falling asleep, please let us know. Melatonin, an over the counter medication, may be helpful and may be recommended by your doctor. Your child needs to get adequate sleep for his age. Regular bedtime, keeping the TV out of his bedroom and turning off all electronics at least 30minutes before bedtime will help to ensure a good night's sleep. Sleeplessness can present as inattention and hyperactivity in children and can worsen your child's symptoms. The stimulant medications can also affect your child's appetite. It is important that your child eat regular meals and that those meals all include protein. Breakfast is usually not affected by these medications, so be sure to provide your child a healthy breakfast. Children who eat breakfast have also been shown to do better in school. Lunch might not be a big meal for your child so provide healthy options which he can choose from. Your child will probably be hungry for dinner later than usual. Allow him to eat dinner at 7-8pm if that's when he is hungry. It is fine for him to sit with the family at dinner if he isn't hungry to be part of the family meal. If he is hungry later, give him the healthy foods he might have refused earlier. Children who take stimulant medications eat the same number of calories each day as those not on medication but at different times. Regular exercise is important for all children and even more so for those children with ADHD.

We encourage you to use the parent portal if available through your schools to keep in contact with your child's teachers and to keep abreast of your child's progress in school. We have reviewed homework and study skills that may help your child be successful in school. It is important that your teenager take his mediations daily. Those teen drivers with ADHD who don't take there medications have 5 times the risk of serious motor vehicle accidents. Please remember that stimulant medications used to treat ADHD are controlled substances. That means we cannot refill these medications by phone and cannot provide refills on your prescriptions. The FDA requires close monitoring of these medications and the prescriptions written. It is illegal to take these medications without a prescription or to share or sell these medications to anyone else. We are required to follow patients closely who are on these medications. We will follow your child at least every 3 months for as long as your child is taking these medications, whenever medication adjustments are needed and 1mo after any medication changes. Regular reports from you and your child's teachers are necessary for us to provide the best care for him. Vanderbilt forms will be available on the portal for you prior to each visit and will be given to you to give to your child's teacher at least a few times each year. Educational information for parents and children with ADHD is available on the parent portal and on our web site.

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Community resources such as psychotherapist, local CHADD chapters and other information is also available and was reviewed today as indicated. If you have any questions regarding your child's medication, progress or other concerns, please call us. Whenever possible, make your child's follow up appointment prior to leaving the office to best accommodate your schedule.



### Prescriptions

#### **Visit Documents**

# Navigational Anchors in ADHD f/u EPPA

- 1. Informant/Relationship
- 2. Siblings
- 3. Chief Complaint
- 4. Vitals
- 5. Growth Charts
- 6. Growth Chart Review
- 7. Allergies
- 8. Past, Social, Family History
- 9. Family Medical History
- 10. Social History
- 11. Problem List
- 12. Medication History
- 13. Transition of Care (ARRA)
- 14. HPI
- 15. ADD f/u HPI
- 16. EPPA ROS Constitutional
- 17. EPPA ROS- Cardiovascular
- 18. EPPA ROS GI
- 19. EPPA ROS Neurologic
- 20. EPPA ROS Psychiatric
- 21. Pertinent History
- 22. EPPA Pertinent Past Medical Hx
- 23. EPPA Pertinent Family Hx
- 24. EPPA Pertinent Social Hx
- 25. Physical Exam
- 26. Policies
- 27. Immunizations
- 28. Immunization Consent
- 29. Lab
- 30. Medical Procedures
- 31. Screening Orders
- 32. Diagnoses
- 33. ADHD Plan
- 34. Plan Notes
- 35. Greater than 50% of today's visit was spent in counseling
- 36. Followup Orders
- 37. Referral
- 38. Care Plan
- 20 Precrintions

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