

Asthma Action Plan**GREEN ZONE****Select All**

- (No cough, wheeze, chest tightness or shortness of breath during the day or night. Can do usual activities.)

notes

- Use albuterol 2 puffs 20 minutes prior to exercise as needed

notes

- Other:

notes

- add item

notes

YELLOW ZONE**Select All**

- (Cough, wheeze, chest tightness, or shortness of breath. Waking at night due to asthma. Can do some, not all, usual activities.)

notes

- Other:

notes

- add item

notes

RED ZONE**Select All**

- (Very short of breath. Quick relief medications have not helped. Cannot do usual activities. Symptoms are same or get worse after 24 hours in Yellow Zone.)

notes

- Albuterol nebulizer 1 vial every 20min for 3 treatments and call

notes

- Proair (albuterol) 4 puffs every 20min x3 and call

notes

- Ventolin (albuterol) 4puffs every 20min x3 and call

notes

- Seek medical care if needing to use Albuterol sooner than every 4 hrs

notes

Patient may ___ may not ___ carry inhaler

notes

Provider Signature: _____ Date: _____

notes

add item

notes

Provider Signature: _____

Prescriptions

Visit Documents

Navigational Anchors in Asthma Action Plan EPPA

- 1. Asthma Action Plan
- 2. Prescriptions
- 3. Visit Documents