

**Forms**

select a form ▼

**Informant/Relationship**

▼

**Reminders (Chart-wide)** No Saved Notes

[Edit](#)

**Siblings (Chart-wide)**

None

**Vitals**

Height  in +

Weight  lbs  oz +

Blood Pressure  s /  d +

Unspecified Location ▼

Unspecified Position ▼

Pulse  bpm +

Respiratory Rate  bpm +

Temperature  °F +

Unspecified Method ▼

[More](#)

**Comments**

**Growth Charts**

Growth Charts are not available when patient's sex is unknown.

**Allergies (Chart-wide)**

Display: All Statuses ▼

[Edit](#)

Status	Allergy	Reaction	Onset	Resolved

**Medical History (Chart-wide)** No Saved Notes

[Edit](#)

**Family Medical History (Chart-wide)**

[Edit](#)

Condition	Relationship	Note

**Family History (Chart-wide)** No Saved Notes

[Edit](#)

**Chief Complaint**

Select All

Heavy Periods

notes

Irregular Periods

notes

Painful Periods

notes

Acne

notes

Wants to start contraception for birth control

notes

Medication Management

notes

add item

notes

**Contraception HPI**

Last Menstrual Period:

notes

Date of last sexual intercourse:

notes

**HPI**

**EPPA ROS General**

**EPPA ROS - Constitutional**

Make All:

Yes No N/A

Fatigue/Lethargy

notes

Headache

notes

Irritability

notes

Weight loss/gain

notes

Other

notes

add item

notes

**EPPA ROS - ENT**

Make All:

Yes No N/A

Nasal Congestion/Discharge/Itching

notes

add item

notes

**EPPA ROS- Cardiovascular**

Make All:

Yes No N/A

Palpitations

notes

Chest Pain

notes

Other

notes

add item

notes

**EPPA ROS - GI**

Make All:

Yes No N/A

- Abdominal Pain**  
 ▼
- Vomiting**  
 ▼
- Diarrhea**  
 ▼
- Cramping**  
 ▼
- Nausea**  
 ▼
- Other**  
 ▼
- add item**  
 ▼

**EPPA ROS - GU Female**

Make All:

Yes No N/A

- Regularity,Frequency,Duration of Periods**  
 ▼
- Irregular Periods**  
 ▼
- Menorrhagia**  
 ▼
- Spotting between Periods**  
 ▼
- Vaginal Irritation, Itching, or Discharge**  
 ▼
- History of Sexually Transmitted Disease and Treatment**  
 ▼

Sexual Preference, Interest  
notes

Genital Sores/Lumps  
notes

Yes No N/A

Sexual Activity  
notes

Other  
notes

add item  
notes

**EPPA ROS - Endocrine**

Make All:

Yes No N/A

Fatigue  
notes

Change in Weight  
notes

Other  
notes

add item  
notes

**EPPA ROS - Neurologic**

Make All:

Yes No N/A

Dizziness  
notes

Fainting  
notes

Morning Vomiting  
notes

Other

notes ▼

add item

notes ▼

**EPPA ROS - Skin**

Make All:

Yes No N/A

Rashes or Dry skin

notes ▼

add item

notes ▼

**EPPA Pertinent Past Medical Hx**

Make All:

Yes No N/A

Migraine with Aura

notes ▼

Cancer

notes ▼

Pulmonary Embolism/DVT/CVA

notes ▼

Factor V Leiden Mutation, Protein C or Protein S or antithrombin deficiency

notes ▼

Lupus

notes ▼

Antiphospholipid Antibody Syndrome

notes ▼

Hypertension

notes ▼

Seizure (injectable progestin is best choice)

notes ▼

Yes No N/A

HIV (injectable progestin is best choice)

notes ▼

add item

notes ▼

**EPPA Pertinent Family Hx**

Make All:

Yes No N/A

Pulmonary Embolism/DVT/CVA

notes ▼

Factor V Leiden mutation, Protein C or Protein S or antithrombin deficiency

notes ▼

Lupus

notes ▼

Antiphospholipid Antibody Syndrome

notes ▼

Hypertension

notes ▼

Seizure (Injectable progestin is best choice)

notes ▼

HIV (Injectable progestin is best choice)

notes ▼

add item

notes ▼

**Lab**

Pregnancy Test (Rapid In-house)

Urine Chlamydia

select a lab ▼

**Diagnoses**

Menorrhagia

Refine the diagnosis of Menorrhagia ▼

Include on Patient Reports

notes

Add to Problem List    Onset:     Problem Note:

**Dysmenorrhea**

Refine the diagnosis of Dysmenorrhea

Include on Patient Reports

notes

Add to Problem List    Onset:     Problem Note:

**Acne**

Refine the diagnosis of Acne

Include on Patient Reports

notes

Add to Problem List    Onset:     Problem Note:

**Oral contraception**

Refine the diagnosis of Oral contraception

Include on Patient Reports

notes

Add to Problem List    Onset:     Problem Note:

**select diagnosis**

notes

**Monophasic**

**Medications**

**Select All**

**Alesse 28**

notes

**Jurel Fe 1/20 28 (norethindrone acetate 1, low dose estrogen 20)**

notes

**Apri 28 (desogestrel 0.15/ethinyl estradiol 30)**

notes

**Sprintec 28 ( Noreestimate 0.25/ethinyl estradiol 35)**

notes

**add item**

notes



**Multiphasic**

**Medications**

Select All

Ortho-Novum 7/7/7

notes

Tri-sprintec 28

notes

Seasonale(84 days of continuous hormone followed by 7 days placebo)

notes

Tri-Lo Sprintec

notes

add item

notes

**Alternatives**

**Medication**

Select All

Deprovera

notes

Nuvaring

notes

Xulane Patch

notes

IUD- Refer to GYN

notes

Norplant- Refer to GYN

notes

add item

notes

**Prescriptions**

**Anticipatory Guidance**

Make All:

Y N N/A

Discussed breakthrough bleeding is a possibility the next 3 months, then should resolve

notes

Discussed back-up birth control methods should be used to prevent sexually transmitted diseases and pregnancy.

notes

Certain medications can lessen effectiveness of OCPS (antibiotics, seizure medications, antifungals)

notes

add item

notes

**Anticipatory Guidance Discussed**

Make All:

Yes No N/A

add item

notes

**Referral**

GYN / OB

select a referral

**Visit Documents**

**Plan and Follow-up Instructions- EPPA**

Medication as e-prescribed

notes

Follow up in 3 months

notes

add item

notes

**Followup**

select a followup

## Navigational Anchors in Contraception EPPA

1. Vitals
2. Allergies
3. Chief Complaint
4. Contraception HPI
5. HPI
6. EPPA ROS - Constitutional
7. EPPA ROS - GI
8. EPPA ROS - GU Female
9. EPPA Pertinent Past Medical Hx
10. Lab Orders
11. Diagnoses
12. Medications Monophasic
13. Medications Multiphasic
14. Medications Alternatives
15. Prescriptions
16. Referral Orders
17. Visit Documents
18. Plan and Follow-up Instructions- EPPA