



Review of Systems

Make All:

Abn NL N/A

- OSA symptoms?
- If has congenital heart disease, assess for signs of congestive heart failure
- Emotional status of parents and intrafamilial relationships?
- Symptoms of celiac disease?
- add item

Anticipatory Guidance Discussed

Make All:

Yes No N/A

- Discuss complementary and alternative therapies
- Discuss cervical spine positioning, especially for anesthesia or surgical or radiologic procedures
- Review signs and symptoms of myopathy
- Contact physician for change in gait, change in use of arms or hands, change in bowel or bladder function, neck pain, head tilt, torticollis, or new-onset weakness
- Advise risk of some contact sports, trampolines
- Discuss behavioral and social progress
- Discuss self-help skills, ADHD, OCD, wandering off, transition to middle school
- Discuss dermatological issues with parents



notes

Yes No N/A Discuss physical and psychological changes through puberty, need for gynecologic care in the pubescent female

notes

add item

notes

Plan

Select All

Hgb annually; CRP and ferritin or CHr if possible risk iron deficiency or hgb < 11 gm

notes

TSH (annually)

notes

If myopathic signs or symptoms: obtain neutral position spine films and, if normal, obtain flexion and extension films and refer to pedi neurosurgeon or orthopedic surgeon with expertise in evaluating and treating atlanto-axial instability

notes

If normal ear-specific hearing established, behavioral audiogram

notes

Refer to pedi ophtho or ophtho with experience with Down syndrome (annually 1-5 y; every 2 yrs 5-13 yrs; every 3 yrs 13-21 yrs)

notes

Check for sx of celiac disease; if sx present, obtain tissue transglutaminase IgA and quantitative IgA

notes

ECI - PT, OT, ST

notes

add item

notes

Lab

Order Hemoglobin (In Office)

Order C Reactive Protein

Order Ferritin

Order TSH

Order select a lab



Radiology

Order Cervical Spine Xray

Order

Followup

Order Next well visit

Order by Phone (list reason and time frame)

Order by Phone (nurse call to check on)

Order

Referral

Order Ophthalmology

Order

Additional Notes

Visit Documents

Navigational Anchors in Downs Syndrome 5 yr to 13 yr Well Supplement

1. Review of Systems
2. Anticipatory Guidance Discussed
3. Plan
4. Lab
5. Radiology
6. Followup
7. Referral
8. Prescriptions
9. Visit Documents