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Behavioral Evaluation Initial EPPA notes * Age of onset: notes * Behaviors noted with all caregivers?: notes Discipline problems at home: notes Daycare/school attended: notes Grade in school: notes Any unsafe behaviors: notes School avoidance: notes Behavior programs at school (behavior charts, stickers, red/yellow/green): notes

* Special accommodations in school: notes Activities other than school: notes * Interaction with peers: notes Social avoidance/difficulties: notes Current OTC medications: notes -Behavior concerns at school: notes * Dietary habits (all food groups, picky, snacks, breakfast, caffeine intake): notes Sleep patterns (own bed, nightmares, sleep time, TV in bedroom):

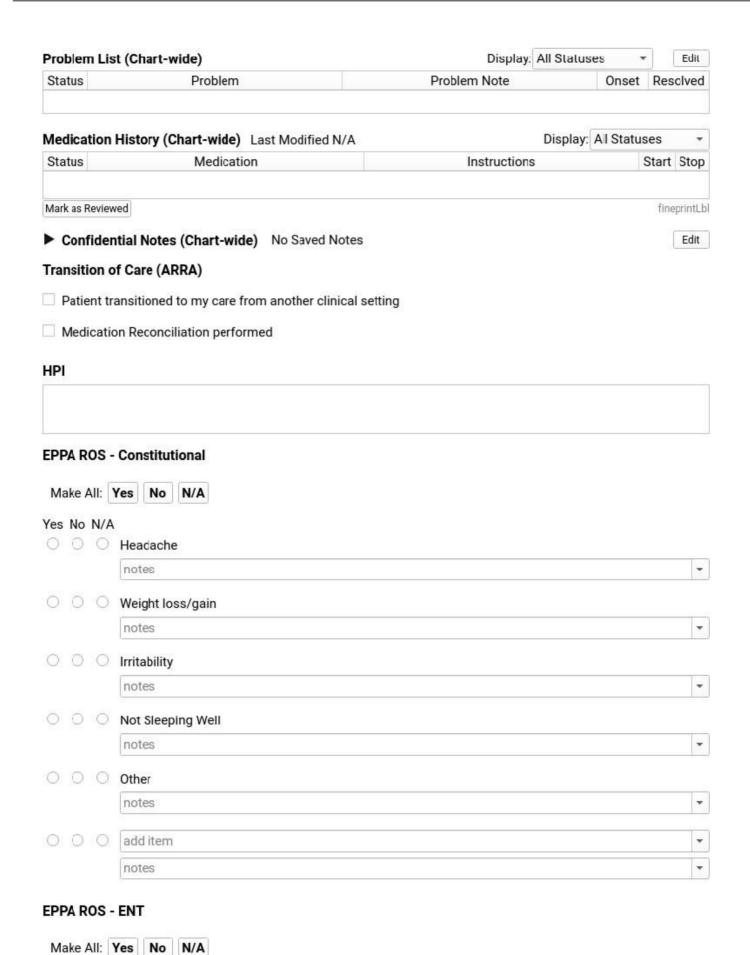
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Social History (Chart-wide) No Saved Notes



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0 0 0	notes	
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000	Change in Skin Pigmentation notes	
000	Other	
	notes	
000	add item	
	notes	
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Make All:	Yes No N/A	
Yes No N/A		
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	notes	
000	Diarrhea	
	notes	
000	Nausea	
	notes	
000	Vomiting	
	notes	
000	Other	
000	Other notes	
	notes	
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notes

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		Tremors or other Involuntary Movements	
		notes	
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		notes	
0	0	Fine Motor Difficulty	
		notes	
0	0	Headache Increase in Severity	
		notes	
0	0	Headache Worse in the Morning	
		notes	
0	0	Morning Vomiting	
		notes	
s No	N/A		
0	0	Other	
		notes	
0	0	add item	
		notes	
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Behavioral Evaluation Initial EPPA

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Behavioral Evaluation Initial EPPA

			notes	-
0	0	0	Unable to organize tasks	
			notes	•
Yes	No	N/A		
0	0	0	Avoids or dislikes activities that require sustained mental effort	
			notes	•
0	0	0	Loses things frequently	
			notes	*
0	0	0	Easily distracted by external stimuli	
			notes	-
0	0	0	Forgetful in daily activities	
			notes	*
0	0	0	Fidgets/squirms	
			notes	•
0	0	0	Difficulty sitting in seat	
			notes	-
0	0	0	Difficulty with quiet play	
			notes	*
0	0	0	On the go as if driven by a motor	
			notes	-
Yes	No	N/A	Talks excessively	
	~		notes	*
0	0	0	Blurts out answers	
~	~		notes	•
0	0	0	Difficulty awaiting turn	
			notes	*
0	0	0	Interrupts	_
			notes	
0	0	0	Racing Thoughts	lace the first
			notes	•
0	0	0	Feeling like people are out to get you	
			notes	*

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		0		
0	0	0	Intrudes on personal space	
			notes	*
0	0	0	Flat Affect/ Restriction of Emotions	
			notes	•
_		N/A		
0	0	0	Impulsivity notes	*
0	~		[201004,44041] [2] [2] [2] [3] [3] [4] [5] [5] [6] [6] [6] [6] [6] [6] [6] [6] [6] [6	
0	0	0	Oppositional Behavior	
			notes	*
0	0	0	Argues with adults	
			notes	*
0	0	0	Loses temper	
			notes	•
0	0	0	Actively defies or refuses to go along with adults' request/rules	
			notes	•
0	0	0	Deliberately annoys people	
			notes	•
0	0	0	Blames others for his mistakes	
			notes	•
0	0	0	Touchy or easily annoyed by others	
			notes	•
/es	No	N/A		
0	0		Angry/resentful	G 10
			notes	•
0	0	0	spiteful/wants to get even	
			notes	•
0	0	0	Bullies others	
			notes	•
0	0	0	starts fights	100
	10.000	550	notes	•
0	0	0	Lies to get out of trouble	
			notes	*
_	0	0	Truant from school	
()			Truant noin SCHOOL	

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Behavioral Evaluation Initial EPPA Physically cruel to others notes • Stolen things that have value notes * Yes No N/A Deliberately destroys others' property notes • Has used a weapon that can cause serious harm notes * Physically cruel to animals Deliberately set fires to cause damage notes ¥ Broken into someone's home/business notes * Stayed out out at night without permission notes Run away from home overnight notes Forced someone into sexual activity notes Yes No N/A Feeling worried or anxious notes * Afraid to try new things notes Sense of Worthlessness/ Decreased Self Esteem

notes * Blames self for problems/feels guilty notes * Feels lonely, unloved * notes Self-conscious or easily embarrassed

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									-
			notes						
0	0	0	Feeling Sa	ad					
			notes						,
0	0	0	Visual or	Auditor	y Hallucinati	ons			
			notes						,
es	No	N/A							
0	0	0	Thoughts	of Hari	n to Others				
									,
	0	0		noughts	/Attempts				
			notes						
0	0	0	Other						10
			notes						
0	0	0	add item						
			notes						
PP	A R	os o	General						
			General Gent Past I	Иedica	I Hx				
PP	ΑP		ent Past I	Medica	I Hx				
PP Ma	A Pake A	ertin All: [1	ent Past I res No	N/A	I Hx				
PP Ma	A P ∉ ke Æ	ertin	ent Past I	N/A	lHx				
PP Ma	A Peke A	ertin	ent Past I /es No Prematur notes	N/A	(SSA) (SSA)				
PP Ma	A Pake A	ertin All: [1	ent Past I res No Prematur notes Neonatal	N/A	I Hx ge Summar	y Reviewed			
PP Ma	A Poke A	ertin	ent Past I /es No Prematur notes	N/A	(SSA) (SSA)	y Reviewed			
Ma 'es	A Peke A	ertin	ent Past I /es No Prematur notes Neonatal notes ADHD	N/A	(SSA) (SSA)	y Reviewed			Ī
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Ma es	A Poke A	ertin	ent Past I fes No Prematur notes Neonatal notes ADHD notes Anxiety	N/A	(SSA) (SSA)	y Reviewed			
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EPP Ma	A Poke A	ertin	ent Past I Yes No Prematur notes Neonatal notes ADHD notes Anxiety notes	N/A ity Dischar	(SSA) (SSA)	y Reviewed			,

Behavioral Evaluation Initial EPPA

notes

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*

0			uation Initial EPPA	
	0	0	Concussion	
			notes	,
0	0	0	Motor/verbal tics	
			notes	,
Yes	: No	N/A		
0	0		Migraines/frequent headaches	
			notes	
0	0	0	Sleep disorder	
			notes	,
0	0	0	Alcohol or drug use/abuse	
			notes	,
0			Enduraria:	
0	0	0	add item	
			notes	
0		N/A		
	0		ADHD	
	0		ADHD notes	
0			Operation in the Control of the Cont	
0			notes	
0			notes Anxiety	
	0	0	notes Anxiety notes	,
	0	0	notes Anxiety notes Depression	
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0	0 0	0 0 0	notes Anxiety notes Depression notes Other mental illness notes Diabetes/thyroid disease/other endocrine problems notes	,
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Yes No N/A

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0 0		luation Initial EPPA	
	0	Drug Abuse	
		notes	,
0 0	0	add item	
0 0		notes	-
EPPA Pe	ertin	ent Social Hx	
Make A	JI:	es No N/A	
Yes No I	N/A		
00	0	Family stressors	
		notes	
0 0	0	Family disruption	
		notes	
00	0	Domestic violence in home	
		notes	
00	0	Drug/alcohol abuse in household	
		notes	
00	0	Extreme social problems that can impact and determine health (e.g. lack of availability of resource meet daily needs, access to education, economic and job opportunities; exposure to crime, violer other social disorder; residential segregation; etc.)	ces to
		notes	
00	0	Exposure to lead	
		notes	
00	0	Daycare attendance	
		notes	
0 0	0	add item	

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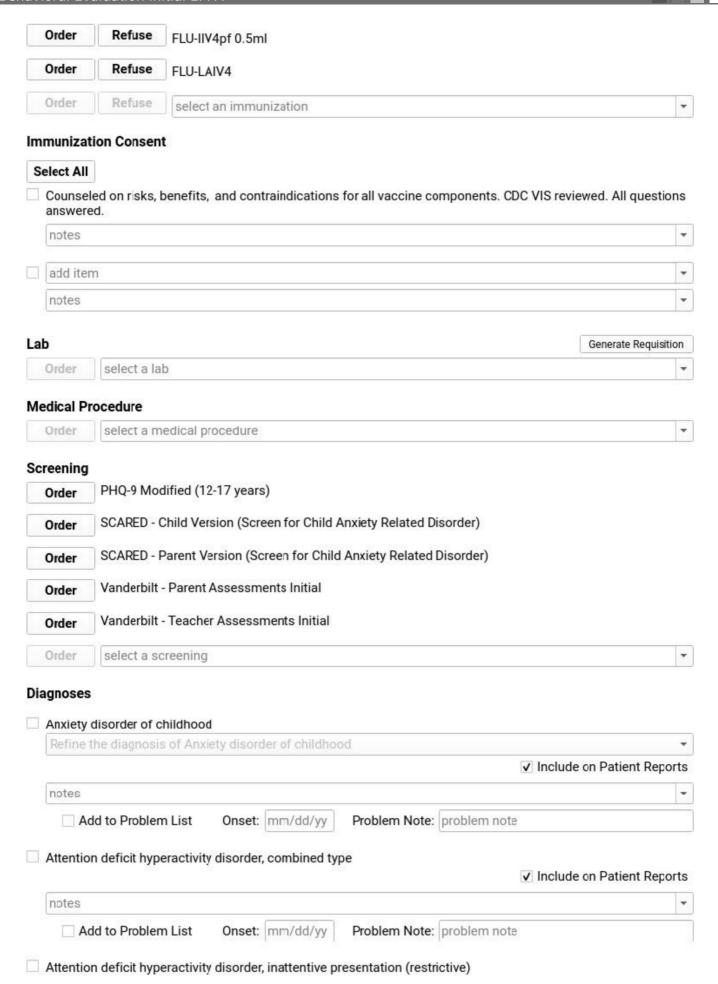
*

notes

avioral	Eva	aluation Initial EPPA	
00	0	Eyes	
		notes	
0 0	0	Neck	
		notes	
0 0	0	Lungs	
0 0		notes	
0 0	0	Cardiovascular	
		notes	-
0 0	0	Andrew State Control of the Control	
0 0	0	Abdomen	
		notes	
00	0	Neurologic	
		notes	
ABN NL	N/E		
00	0	Skin	
		notes	
00	0	Psych	
		notes	
0 0	0	add item	
		notes	
Policies	ì	Display: All Statuses 🔻	Ec
lmmuniz	atio	ons	
Vaccine	s	Pr	int
		There are no immunizations recorded for this patient	
Ordered			
Disease	-	There are no vaccine-preventable diseases for this patient	
		There are no vaccine preventable discuses for this patient	
Forecast	ng F	Results Updated: NA ✓ Show Informational Warnings(0)	Refres
		Immunization forecasting results and wamings provided by IMMU	CAS
		For Children e and Race as of 10/21/20	
		Status: select an eligibility status	
		n Orders	

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Behavioral Evaluation Initial EPPA



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The state of the s	3 <u>=</u> 2000			Contrary 4 - 100 contrary co	
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
Attention deficit hyperactivi	ty disorder	, predominant	ly hyperactive im	pulsive type	
Refine the diagnosis of Att	ention defi	cit hyperactivi	ty disorder, predo	minantly hyperactive impulsive type	
				Include on Patient Re	or
notes					
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
Behavior problem of childho	ood and ad	olescence			
Refine the diagnosis of Bel			ood and adolesce	nce	
				✓ Include on Patient Re	oor
notes					
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
_ / ldd to / foblom Elot	onoot.	min day)		productiviteto	
Depressive disorder					
Refine the diagnosis of Dep	pressive di	sorder			
				✓ Include on Patient Re	or
notes					
Add to Problem List	Onset:	mm/dd/yy	Problem Note:	problem note	
select diagnosis					
notes					
l-					
ifferential Diagnoses					
PPA Behavioral Health Plan	1				
PPA Behavioral Health Plan Select All		n adequate pr	otein at each me	al and avoidance of large intake of	
PPA Behavioral Health Plan Select All		g adequate pr	otein at each mea	al and avoidance of large intake of	
PPA Behavioral Health Plan Select All Reviewed regular healthy di		g adequate pr	otein at each mea	al and avoidance of large intake of	
PPA Behavioral Health Plan Select All Reviewed regular healthy di concentrated sweets. notes Reviewed additional treatments	et includin ent includi ne after 12	ng: regular aei nocn, same s	robic exercise at l leep/wake patter	east 1hr/day, regular sleep patterns and n 7day/wk, no TV in bedroom, wind dov	
PPA Behavioral Health Plan Select All Reviewed regular healthy di concentrated sweets. notes Reviewed additional treatmesleep hygiene (Avoid caffeir	et includin ent includi ne after 12	ng: regular aei nocn, same s	robic exercise at l leep/wake patter	east 1hr/day, regular sleep patterns and n 7day/wk, no TV in bedroom, wind dov	
PPA Behavioral Health Plan Select All Reviewed regular healthy di concentrated sweets. notes Reviewed additional treatme sleep hygiene (Avoid caffeir time 1/2 Hr prior to bedtime	et includin ent includi ne after 12 e, avoid vio	ng: regular aer nocn, same s lent TV, movie	robic exercise at l leep/wake patter s or video games	east 1hr/day, regular sleep patterns and n 7day/wk, no TV in bedroom, wind dov).	
PPA Behavioral Health Plan Select All Reviewed regular healthy di concentrated sweets. notes Reviewed additional treatme sleep hygiene (Avoid caffeir time 1/2 Hr prior to bedtime	et includin ent includi ne after 12 e, avoid vio	ng: regular aer nocn, same s lent TV, movie	robic exercise at l leep/wake patter s or video games	east 1hr/day, regular sleep patterns and n 7day/wk, no TV in bedroom, wind dov).	

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Re	havi	ioral	Eval	luation	Initial	FPΡΔ

	notes	*			
	Discussed medication management including indications, contraindications, available approved medication children and teens, dosing and side effects.	ns for			
	notes	•			
	Reviewed Black Box Warning including the possible increase in suicidal thinking and behavior in some stud children being treated with SSRI medications. After risk/benefit review parents/patient agree to begin/cont with SSRI therapy.				
	notes	-			
	PA PMPAware site queried for new prescription for controlled substance				
	notes	*			
	Assessed suicide risk and found to not be at risk at this time.				
	notes	-			
	Family will monitor patient's behavior and patient agrees to notify parent if any: increased sadness, depress thoughts of suicide/self harm are noted while on SSRI medication. Provider to be notified and SSRI medicated be discontinued immediately if the aforementioned symptoms are noted.				
	notes	-			
	Reviewed home safety with parent: keep all medications (OTC and Rx) locked away from patient; remove guns from home.				
		uns			
		uns			
	from home.	-			
	from home. notes Contract for safety reviewed. Pt agrees to call crisis intervention, parent or other identified adult with any th	-			
	from home. notes Contract for safety reviewed. Pt agrees to call crisis intervention, parent or other identified adult with any th of self harm or suicide.	v			
	from home. notes Contract for safety reviewed. Pt agrees to call crisis intervention, parent or other identified adult with any th of self harm or suicide. notes	v			
	from home. notes Contract for safety reviewed. Pt agrees to call crisis intervention, parent or other identified adult with any the of self harm or suicide. notes Plan to continue SSRI treatment for at least 9 -12 months to avoid relapse.	v			
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	from home. notes Contract for safety reviewed. Pt agrees to call crisis intervention, parent or other identified adult with any the of self harm or suicide. notes Plan to continue SSRI treatment for at least 9 -12 months to avoid relapse. notes Patient may try melatonin 3-5 mg at dinner to aid in falling asleep or hs to help maintaining sleep. notes add item notes an and Follow-up Instructions- EPPA	oughts			

EPPA ADHD Parent/patient instruction/information

Select All

REMEMBER THE FOLLOWING INFORMATION ABOUT ACHIEVING GOOD ADD/ADHD CONTROLI:

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notes

We have reviewed your child's medications, their purpose, dosing and possible side effects
We have reviewed the Vanderbilt questionnaires and any other information you and his school has provided to us
and discussed the results and the implications of those results to your child.

We feel that optimum medication management for ADHD is for your child to take his medications every day, even on days he doesn't have school. He will benefit from being able to pay attention, being less distractable and less impulsive when at home and when interacting with his friends and family as much or more than when at school. The stimulant medications (concerta, vyvanse, adderall, ritalin, metadate, quilivant, methylphenidate, ritalin, etc.) should be given in the morning or rarely, after school if so instructed. These medications will have an effect lasting from 4-12hours depending on the medication. If given too late in the day, they may interfere with sleep. If your child has trouble falling asleep, please let us know. Melatonin, an over the counter medication, may be helpful and may be recommended by your doctor. Your child needs to get adequate sleep for his age. Regular bedtime, keeping the TV out of his bedroom and turning off all electronics at least 30minutes before bedtime will help to ensure a good night's sleep. Sleeplessness can present as inattention and hyperactivity in children and can worsen your child's symptoms. The stimulant medications can also affect your child's appetite. It is important that your child eat regular meals and that those meals all include protein. Breakfast is usually not affected by these medications, so be sure to provide your child a healthy breakfast. Children who eat breakfast have also been shown to do better in school. Lunch might not be a big meal for your child so provide healthy options which he can choose from. Your child will probably be hungry for dinner later than usual. Allow him to eat dinner at 7-8pm if that's when he is hungry. It is fine for him to sit with the family at dinner if he isn't hungry to be part of the family meal. If he is hungry later, give him the healthy foods he might have refused earlier. Children who take stimulant medications eat the same number of calories each day as those not on medication but at different times. Regular exercise is important for all children and even more so for those children with ADHD. We encourage you to use the parent portal if available through your schools to keep in contact with your child's teachers and to keep abreast of your child's progress in school. We have reviewed homework and study skills that may help your child be successful in school. It is important that your teenager take his mediations daily. Those teen drivers with ADHD who don't take there medications have 5 times the risk of serious motor vehicle accidents. Please remember that stimulant medications used to treat ADHD are controlled substances. That means we cannot refill these medications by phone and cannot provide refills on your prescriptions. The FDA requires close monitoring of these medications and the prescriptions written. It is illegal to take these medications without a prescription or to share or sell these medications to anyone else. We are required to follow patients closely who are on these medications. We will follow your child at least every 3 months for as long as your child is taking these medications, whenever medication adjustments are needed and 1 mo after any medication changes. Regular reports from you and your child's teachers are necessary for us to provide the best care for him. Vanderbilt forms will be available on the portal for you prior to each visit and will be given to you to give to your child's teacher at least a few times each year. Educational information for parents and children with ADHD is available on the parent portal and on our web site. Community resources such as psychotherapist, local CHADD chapters and other information is also available and was reviewed today as indicated. If you have any questions regarding your child's medication, progress or other concerns, please call us. Whenever possible, make your child's follow up appointment prior to leaving the office to best accommodate your schedule.

Your child has been evaluated today for attention deficit disorder. We have recommended some behavioral interventions and have discussed medications that may help your child's symptoms. If medication has been included in your child's treatment it is important that your child take these medications as prescribed. Since the medications are controlled substances, close follow up of your child is necessary. We will monitor his/her we blood pressure and any side effects of the medication at these visits. We have reviewed the Black Box warning on these medications with you. If at any time your child seems more depressed or complains of wanting to he himself, stop the medication and call us immediately. The medications commonly used for the treatment of A are usually very safe and effective when used appropriately. Do NOT alter the dose of medication without our approval. These medications are closely controlled by the Drug Enforcement Agency. We cannot refill these medications over the phone or without regular follow up appointments with your child. Sharing these medications with someone other than your child is illegal. Children with ADD can benefit greatly from the use these medications in addition to ongoing behavioral and educational intervention. Please call us with any questions or if you notice any unacceptable side effects in your child.	eight ng urt ADD	t,
notes	•	
add item	*	
notes	*	

*

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Anxiety Parent information/education

Select All

Your child has been diagnosed with anxiety at today's visit. Worries and fears are a natural part of childhood development. Anxiety and fear become a problem when the concerns are persistent and excessive and interfere with a child's day-to-day life. Anxiety is common in children and adolescents and there is often a family history of anxiety in those children affected. Treatment of your child includes making sure he is sleeping and eating well. Your child should have a regular bed time and routine. He should not have a TV in his bedroom and should turn off all electronics 30min prior to bedtime. Be aware of what your child is watching on TV/movies and what video games he is playing since seeing scary or violent things on the screen may aggravate his anxiety. Make sure your child is eating healthy foods regularly. Avoid all caffeine in soda, iced teas and avoid all energy drinks. Avoid decongestants and multi-symptom cough and cold products since they may cause anxiety symptoms to worsen. Treatment of anxiety in children is most successful when counseling is part of the therapy. Children can be taught techniques to manage their fears and anxiety which they can use throughout their lifetime. You have been given a list of therapists in the area who we recommend who have experience in treating children with anxiety. Please check with your insurance company for coverage of this service. We have discussed medication management as an adjunct to treatment for your child. If we have opted to start medication, we have discussed the expected improvement over 3-4weeks after starting medication. We have discussed the side effects including interference with sleep, headaches, belly pain, irritability. We have discussed the black box warning on all of the SSRI medications used to treat anxiety. If your child has any worsening symptoms, seems depressed or sad, or threatens to hurt himself in any way, stop the medication and call us immediately. It is important that with the above exception, your child take the medication as prescribed daily and that he not stop the medication suddenly. We will see your child in follow up in the office in 1month at which time we will assess his response to treatment and evaluate for any side effects. Once he is stable and improving, we will follow him every 4 months unless there are other problems or if there are any medication changes which necessitate more frequent appointments. Please call if you have any other concerns or questions about today's appointment

notes	
add item	▼
notes	T.

Depression parent information/education

Select All

Your child has been diagnosed with depression. Depression occurs in up to 8% of all adolescents and is often associated with a family history of depression. Most children will have a good response to treatment over a few months time. Relapse with return of symptoms can be quite common and occurs in up to 70% of children over the 5 year period after diagnosis so we will continue to monitor your child over time. The most important part of treatment for your child is to keep him safe. Keep any medications, over the counter or prescription medications, locked and away from your child. Remove any weapons from your home. It is important for your child to have regular sleep patterns, to eat regularly and to exercise. Omega-3-fatty acids, 1000mg/d has been shown to help improve symptoms in some patients when continued for at least 3months. They are safe for use in children and teens. Psychotherapy (counselling) is an important part of your child's treatment. The counsellor will help teach your child skills that will help to improve his symptoms and may help prevent relapse of symptoms later. The doctors at Eden Park Peds believe that this is a critical part of the treatment of childhood depression.. Medication can also be an important part of your child's treatment. The FDA has added a Black Box warning to all of the medications approved for the treatment of depression in children. You have discussed this with us and we have agreed that the medication will likely benefit your child. If your child at any time expresses any ideas of self harm or suicide you will notify our office immediately. These medications (SSRI's) are usually well tolerated with minimal or no side effects. Cccasionally children may have headache, abdominal pain, nausea, sleep changes or jitteriness when these medicaitons are first started. Please do not discontinue your child's medication suddenly because doing so may cause significant symptoms that may mimic relapse of his depression. We will need to see your child frequently after starting medications and with any dosage changes to monitor your child's progress. Once the medication dose is stable and your child is improved, we will see him approximately every 3mo. Medication treatment for depression is recommended to continue for at least 9-12mo after symptoms are improved. After that time, we can discuss with you and your child if weaning the medication is the correct

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Behavioral Evaluation Initial EPPA treatment for him. If you have any questions or notice any new or concerning symptoms in your child, please call our office. notes add item notes **Plan Notes** Greater than 50% of today's visit was spent in counseling Select All add item notes Followup Follow up 2-4wk Order ADHD follow up in 21-28 days Order Order select a followup • Referral Order select a referral • Care Plan (Chart-wide) Print Display: All Statuses Edit

No Interventions

Visit Documents

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Navigational Anchors in Behavioral Evaluation Initial EPPA

- 1. Informant/Relationship
- 2. Chief Complaint
- 3. Vitals
- 4. Growth Charts
- 5. HPI Behavioral
- 6. Behavioral Evaluation
- 7. Allergies
- 8. Medical History
- 9. Family Medical History
- 10. Social History
- 11. Problem List
- 12. HPI
- 13. EPPA ROS Constitutional
- 14. EPPA ROS ENT
- 15. EPPA ROS- Cardiovascular
- 16. EPPA ROS Endocrine
- 17. EPPA ROS GI
- 18. EPPA ROS Neurologic
- 19. EPPA ROS Psychiatric
- 20. EPPA Pertinent Past Medical Hx
- 21. EPPA Pertinent Family Hx
- 22. EPPA Pertinent Social Hx
- 23. Physical Exam
- 24. Policies
- 25. Immunizations
- 26. Lab
- 27. Medical Procedures
- 28. Screening
- 29. Diagnoses
- 30. Differential Diagnoses
- 31. EPPA Behavioral Health Plan
- 32. Plan Notes
- 33. Greater than 50% of today's visit was spent in counseling
- 34. Followup Orders
- 35. Referral
- 36. Care Plan
- 37. Prescriptions
- 38. Visit Documents

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