



Vitals

Height in +

Weight lbs oz +

BMI

Pulse bpm +

Blood Pressure s / d +
 Unspecified Location
 Sitting

Respiratory Rate bpm +

Temperature °F +
 Tympanic

O₂ Saturation % +

More

Vital Notes

► **Ideal Body Weight (Chart-wide)** No Saved Notes Edit

Growth Charts

Growth Charts are not available when patient's sex is unknown.

Intake

Informant/Relationship

Medical History (Chart-wide) No Saved Notes Edit

Allergies (Chart-wide) Display: All Statuses Edit

Status	Allergy	Reaction	Onset	Resolved

Medication History (Chart-wide) Last Modified N/A Display: All Statuses +

Status	Medication	Instructions	Start	Stop

Mark as Reviewed

fineprintLbl

Past, Social, Family History



Family Medical History (Chart-wide)

Edit

Condition	Relationship	Note

Social History (Chart-wide) No Saved Notes

Edit

► Confidential Notes (Chart-wide) No Saved Notes

Edit

Concerns

Problem List (Chart-wide)

Display: All Statuses

Edit

Status	Problem	Problem Note	Onset	Resolved

ED onset (Chart-wide) No Saved Notes

Edit

Safe/Fear Foods (Chart-wide) No Saved Notes

Edit

Interim History

24 Hr Food recall

Breakfast

notes

AM Snack

notes

Lunch

notes

Afternoon Snack

notes

Dinner

notes

PM Snack

notes

Fluids



notes

ARFID Behaviors

Make All: Yes No N/A

Yes No N/A

add item

notes

ROS

Make All: Yes No N/A

Yes No N/A

Cardiac - palpitations

notes

Sleep - general sleep issues

notes

Endo - cold often

notes

Endo - amenorrhea, irregular cycles

notes

Endo - hot flashes

notes

General - fatigue, weakness

notes

General - night sweats

notes

GI - abdominal pain with anxiety

notes

Yes No N/A

GI - Diarrhea

notes

GI - abdominal pain with food

notes



- GI - acid reflux**
notes
- GI - Constipation**
notes
- MSK - weakness, unable to exercise/exert self**
notes
- Neuro - "brain fog", cognitive slowing, grades slipping**
notes
- Neuro - headaches**
notes
- Psych - self harm (current or past)**
notes
- Yes No N/A** add item
notes

Growth/Development History

- Select All**
- LMP**
notes
 - Male Acne/body hair/facial hair**
notes
 - add item
notes

Physical Exam

- Make All: **ABN** **NL** **N/E**
- ABN NL N/E
- General Appearance**
notes
 - Head**
notes
 - Eyes**



notes

Nose

notes

Oropharynx

notes

Cardiovascular

notes

Abdomen

notes

Musculoskeletal

notes

ABN NL N/E

Neurologic

notes

Skin

notes

add item

notes

Past Lab/Imaging (Chart-wide) No Saved Notes

Edit

Lab

Print Labels

Generate Requisition

Order

Eating Disorder Electrolytes - monitoring

Order

Pregnancy screen/HCG (urine, in office)

Order

Hormone labs (female)

Order

Testosterone

Order

select a lab

Medical Test

Order

EKG



Order select a medical test

Medical Procedure

Order Pulse Oximetry

Order select a medical procedure

Radiology

Generate Requisition

Order select a radiology

Diagnoses

Avoidant restrictive food intake disorder

Include on Patient Reports

notes

Add to Problem List Onset: mm/dd/yy Problem Note: problem note

Aversion to food or drink

Refine the diagnosis of Aversion to food or drink

Include on Patient Reports

notes

Add to Problem List Onset: mm/dd/yy Problem Note: problem note

Chronic pediatric feeding disorder

Include on Patient Reports

notes

Add to Problem List Onset: mm/dd/yy Problem Note: problem note

Malnutrition (calorie)

Refine the diagnosis of Malnutrition (calorie)

Include on Patient Reports

notes

Add to Problem List Onset: mm/dd/yy Problem Note: problem note

Constipation

Refine the diagnosis of Constipation

Include on Patient Reports

notes

Add to Problem List Onset: mm/dd/yy Problem Note: problem note

select diagnosis

notes



Assessment

Eating Disorder Plan

Select All

- Education provided on abnormal vital signs and recommend continued monitoring to track improvement with consistent nutrition
notes ▼
- Cardiology
notes ▼
- General - monitor weights closely as patient currently in weight gain phase following malnutrition.
notes ▼
- Education provided on importance of strict adherence to the meal plan
notes ▼
- Vitamins/Minerals - MVI, Calcium, Vit D, Zinc, Fish Oil
notes ▼
- Meal plan per RD - 3 meals and 2-3 snacks
notes ▼
- Labs
notes ▼
- Exercise - no restrictions
notes ▼
- GI- Constipation is a common complication of both malnutrition and introduction of feeds. Recommend Miralax and increased water/fluid intake. Education provided.
notes ▼
- GI - Reflux reported and recommend TUMS PRN with reassessment at next visit
notes ▼
- Medication Management
notes ▼
- Other
notes ▼



add item ▼

notes ▼

Plan Notes

Greater than 50% of today's visit was spent in counseling

Select All

The majority of time was spent on expertise education regarding eating disorder and coordination of care with multidisciplinary care team

notes ▼

>45 minutes total

notes ▼

>25 minutes total

notes ▼

>15 minutes total

notes ▼

add item ▼

notes ▼

Followup

Order Follow up in One Week

Order Follow up in 2 weeks

Order Follow up in 10 days

Order Follow up in 1 month

Order select a followup ▼

Referral

Order select a referral ▼

Care Plan (Chart-wide)

Print Display: All Statuses ▼ Edit

No Interventions

Forms

select a form ▼



Visit Documents

Navigational Anchors in CEDAR ARFID Follow Up

1. Vitals
2. Growth Charts
3. HPI
4. Medication History
5. Past, Social, Family History
6. Confidential Notes
7. Physical Exam
8. Lab
9. Diagnoses
10. Eating Disorder Plan
11. Plan Notes
12. Prescriptions
13. Forms