



**Problem List (Chart-wide)**

Display: All Statuses ▾

Edit

Status	Problem	Problem Note	Onset	Resolved

**Vitals**

Height  in +

Weight  lbs  oz +

BMI

Pulse  bpm +

Blood Pressure  s /  d +  
 Unspecified Location ▾  
 Sitting ▾

Respiratory Rate  bpm +

Temperature  °F +  
 Tympanic ▾

O<sub>2</sub> Saturation  % +

More

**Vital Notes**

▾

► **Ideal Body Weight (Chart-wide)** No Saved Notes

Edit

**Growth Charts**

Growth Charts are not available when patient's sex is unknown.

**Growth/Development History**

Select All

- Highest weight  ▾
- Dad's Height  ▾
- Mom's Height  ▾
- Females - age of menarche  ▾



Male Acne/body hair/facial hair

notes ▼

History of contraception

notes ▼

History of missed cycles/Irregularity

notes ▼

LMP

notes ▼

add item

notes ▼

**Intake**

**Informant/Relationship**

▼

**Concerns**

▼

**Clinical Care Team (Chart-wide)** No Saved Notes

[Edit](#)

**Medical History (Chart-wide)** No Saved Notes

[Edit](#)

**Past, Social, Family History**

**Family Medical History (Chart-wide)**

[Edit](#)

Condition	Relationship	Note

**Allergies (Chart-wide)**

Display: All Statuses ▼

[Edit](#)

Status	Allergy	Reaction	Onset	Resolved

**PCC eRx Allergies (Chart-wide)** Last Modified N/A

Display: All Statuses ▼

Status	Allergen	Reaction	Severity	Sensitivity Type	Onset	Resolved

[Mark as Reviewed](#)

fineprintLbl

**Medication History (Chart-wide)** Last Modified N/A

Display: All Statuses ▼



Status	Medication	Instructions	Start	Stop

Mark as Reviewed

fineprintLbl

**Social History (Chart-wide)** No Saved Notes

Edit

► **Confidential Notes (Chart-wide)** No Saved Notes

Edit

**ED onset (Chart-wide)** No Saved Notes

Edit

**ED Behavior Timeline (Chart-wide)** No Saved Notes

Edit

### HPI

**Safe/Fear Foods (Chart-wide)** No Saved Notes

Edit

### Sensory/ASD questions

Make All:

Yes No N/A

Did not play with sand/play-doh like other kids

notes

Does not like hands to be dirty

notes

Does not like tags in clothes

notes

Picky regarding fabrics

notes

Sensitive to bright lights

notes

Sensitive to loud noises

notes

add item

**24 Hr Food recall****Breakfast****AM Snack****Lunch****Afternoon Snack****Dinner****PM Snack****Fluids****ARFID Behaviors**Make All:   

Yes No N/A

- Avoids eating foods that are not packaged or cooked by self/parent

- Avoids eating outside of the home

- Avoids fear foods

- Fear of fullness/nausea

- Fear of gagging

- Fear of swallowing



notes

Fear of vomiting

notes

Texture aversions

notes

Yes No N/A

add item

notes

### Eating Disorder Behaviors

Make All:

Yes No N/A

Skipping meals/snacks

notes

Counting calories

notes

Fear of weight gain

notes

Hiding food

notes

Bingeing

notes

add item

notes

### ROS

Make All:

Yes No N/A

General - fatigue, weakness

notes

General - night sweats

notes



**Cardiac - palpitations**  
 ▼

**Cardiac - swelling in ankles**  
 ▼

**Respiratory - shortness of breath, dyspnea**  
 ▼

**Endo - amenorrhea, irregular cycles**  
 ▼

**Endo - hot flashes**  
 ▼

**GI - abdominal pain with anxiety**  
 ▼

Yes No N/A

**GI - abdominal pain with food**  
 ▼

**GI - acid reflux**  
 ▼

**GI - Constipation**  
 ▼

**GI - Diarrhea**  
 ▼

**MSK - weakness, unable to exercise/exert self**  
 ▼

**Neuro - "brain fog", cognitive slowing, grades slipping**  
 ▼

**Neuro - headaches**  
 ▼

**Psych - h/o suicide attempts**  
 ▼

Yes No N/A

**Psych - self harm (current or past)**  
 ▼



Psych - suicidal ideation (current or past)

notes ▼

add item

notes ▼

### Physical Exam

Make All:  ABN  NL  N/E

ABN NL N/E

General Appearance

notes ▼

Head

notes ▼

Eyes

notes ▼

Nose

notes ▼

Oropharynx

notes ▼

Cardiovascular

notes ▼

Abdomen

notes ▼

Musculoskeletal

notes ▼

ABN NL N/E

Neurologic

notes ▼

Skin

notes ▼

add item

notes ▼



**Lab**

Print Labels

Generate Requisition

- Eating Disorder Initial
- Hormone labs (female)
- Testosterone
- Hemoglobin A1C
- Amylase
- Lipase
- ESR
- CRP inflammatory
- Zinc
- Celiac testing
- Pregnancy screen/HCG (urine, in office)
- 

**Medical Test**

- EKG
- 

**Medical Procedure**

- Pulse Oximetry
- 

**Radiology**

Generate Requisition

- 

**Diagnoses**

Avoidant restrictive food intake disorder

Include on Patient Reports





Add to Problem List

Onset:

Problem Note:

Aversion to food or drink

Include on Patient Reports

Add to Problem List

Onset:

Problem Note:

Chronic pediatric feeding disorder

Include on Patient Reports

Add to Problem List

Onset:

Problem Note:

Abnormal weight loss

Include on Patient Reports

Add to Problem List

Onset:

Problem Note:

Nutritional stunting

Include on Patient Reports

Add to Problem List

Onset:

Problem Note:

Childhood failure to gain weight

Include on Patient Reports

Add to Problem List

Onset:

Problem Note:

Nutritional deficiency state

Include on Patient Reports

Add to Problem List

Onset:

Problem Note:

Malnutrition (calorie)

Include on Patient Reports



Add to Problem List    Onset:     Problem Note:

**Gastroesophageal reflux disease**  
 ▼  
 Include on Patient Reports  
 ▼

Add to Problem List    Onset:     Problem Note:

**Constipation**  
 ▼  
 Include on Patient Reports  
 ▼

Add to Problem List    Onset:     Problem Note:

▼  
 ▼

**Assessment**

**Eating Disorder Plan**

**Select All**

Discussed diagnosis of ARFID with recommendations to begin treatment with our feeding skills provider, dietitian, and therapist.  
 ▼

General - monitor weights closely as patient currently in weight gain phase following malnutrition.  
 ▼

Education provided on abnormal vital signs and recommend continued monitoring to track improvement with consistent nutrition  
 ▼

Ordered initial labs to evaluate severity and/or complications of nutritional deficiency secondary to the eating disorder.  
 ▼

Cardiology  
 ▼

Exercise - no restrictions



notes

Medication Management

notes

GI- Constipation is a common complication of both malnutrition and introduction of feeds. Recommend Miralax and increased water/fluid intake. Education provided.

notes

Menses - ordered hormone levels due to severity of malnutrition

notes

Menses - Primary amenorrhea likely due to a combination of age and energy deficit secondary to the eating disorder

notes

Other

notes

add item

notes

**Plan Notes**

**Greater than 50% of today's visit was spent in counseling**

Select All

The majority of time was spent on expertise education regarding eating disorder and coordination of care with multidisciplinary care team

notes

>45 minutes total

notes

add item

notes

**Followup**

**Order** Follow up in One Week

**Order** Follow up in 10 days

**Order** Follow up in 1 month



Order select a followup

**Referral**

Order select a referral

**Care Plan (Chart-wide)**

Print

Display: All Statuses

Edit

No Interventions

**Forms**

select a form

**Visit Documents**

**Navigational Anchors in CEDAR ARFID Initial**

1. Vitals
2. Growth Charts
3. HPI
4. Past, Social, Family History
5. Medication History
6. Confidential Notes
7. Physical Exam
8. Lab
9. Diagnoses
10. Plan Notes
11. Prescriptions
12. Forms