



Asthma Action Plan

Asthma Severity

Select All

- add item ▼
- notes ▼

Asthma Triggers

Select All

- add item ▼
- notes ▼

GREEN ZONE

Select All

- (No cough, wheeze, chest tightness or shortness of breath during the day or night. Can do usual activities.)
- notes ▼
- Always use a spacer with inhalers
- notes ▼
- Use albuterol 2 puffs 20 minutes prior to exercise as needed
- notes ▼
- Controller medicine
- notes ▼
- Other:
- notes ▼
- add item ▼
- notes ▼

YELLOW ZONE

Select All

- (Cough, wheeze, chest tightness, or shortness of breath. Waking at night due to asthma. Can do some, not all, usual activities.)
- notes ▼
- Continue GREEN zone medications
- notes ▼



- Albuterol MDI (Ventolin, Proair, Proventil) 2-4 puffs every 4h for 48h then 3-4x/d for 7d
notes
- Albuterol nebulizer 1 vial every 4 hrs as needed for cough and/or wheeze
notes
- Controller medicine
notes
- Other:
notes
- If the child is in the YELLOW zone for more than 24 hours or is getting worse, follow the RED zone and call the office immediately.
notes
- add item
notes

RED ZONE

Select All

- (Very short of breath. Quick relief medications have not helped. Cannot do usual activities. Symptoms are same or get worse after 24 hours in Yellow Zone.)
notes
- Albuterol MDI (Ventolin, Proair, Proventil) 4-6 puffs every 20min x3 and call
notes
- Albuterol nebulizer 1 vial every 20min for 3 treatments and call
notes
- Seek medical care if needing to use Albuterol sooner than every 4 hrs
notes
- Patient may __ may not __ carry inhaler
notes
- Provider Signature: _____ Date: _____
notes
- add item
notes

Provider Signature: _____



Visit Documents

Navigational Anchors in EDEN Asthma Action Plan

- 1. Asthma Action Plan
- 2. Prescriptions
- 3. Visit Documents