



**Problem List (Chart-wide)**

Display: All Statuses ▾

Edit

Status	Problem	Problem Note	Onset	Resolved

**Clinical Care Team (Chart-wide)** No Saved Notes

Edit

**Vitals**

Height	<input type="text"/> in	+
Weight	<input type="text"/> lbs <input type="text"/> oz	+
BMI		
Pulse	<input type="text"/> bpm	+
Blood Pressure	<input type="text"/> s / <input type="text"/> d Unspecified Location ▾ Sitting ▾	+
Respiratory Rate	<input type="text"/> bpm	+
Temperature	<input type="text"/> °F Tympanic ▾	+
O <sub>2</sub> Saturation	<input type="text"/> %	+

➔ More

**Vital Notes**

▶ **Ideal Body Weight (Chart-wide)** No Saved Notes

Edit

**Growth Charts**

Growth Charts are not available when patient's sex is unknown.

**Intake**

**Informant/Relationship**

**Growth/Development History**

Select All

Current weight (per patient)

Highest weight (per patient)



notes

Lowest weight (per patient)

notes

Mom's Height

notes

Dad's Height

notes

Mid-parental height

notes

Mother's menarche

notes

Females - age of menarche

notes

LMP

notes

History of missed cycles/Irregularity

notes

Male Acne/body hair/facial hair

notes

add item

notes

**Medical History (Chart-wide)** No Saved Notes

Edit

**Past, Social, Family History**

**Family Medical History (Chart-wide)**

Edit

Condition	Relationship	Note

**Allergies (Chart-wide)**

Display: All Statuses

Edit

Status	Allergy	Reaction	Onset	Resolved

**Medication History (Chart-wide)** Last Modified N/A

Display: All Statuses



Status	Medication	Instructions	Start	Stop

Mark as Reviewed

fineprintLbl

**Social History (Chart-wide)** No Saved Notes

Edit

**► Confidential Notes (Chart-wide)** No Saved Notes

Edit

**ED onset (Chart-wide)** No Saved Notes

Edit

**ED Behavior Timeline (Chart-wide)** No Saved Notes

Edit

### HPI

**Mental Health Treatment History (Chart-wide)** No Saved Notes

Edit

### 24 Hr Food recall

Breakfast

notes

AM Snack

notes

Lunch

notes

Afternoon Snack

notes

Dinner

notes

PM Snack

notes

Fluids

notes

### Eating Disorder Behaviors



Make All:  Yes  No  N/A

Yes No N/A

Avoiding high calorie foods

notes

Weighing self

notes

Skipping meals/snacks

notes

Body checking

notes

Counting calories

notes

Measuring portions

notes

Fear of weight gain

notes

Wants to loose weight

notes

Yes No N/A

Self-induced vomiting

notes

Chew and spit

notes

Use of pills for weight loss - diet pills, diuretics, laxatives, etc

notes

Excessive water intake to suppress appetite

notes

Exercise for weight loss

notes

Bingeing

notes

Hiding food



notes

Texture aversions

notes

Yes No N/A

Avoiding Fear Foods

notes

Avoids eating with others

notes

Fear of vomiting

notes

Fear of choking/gagging

notes

Avoids eating food outside of the home

notes

Fear of eating in front of others

notes

add item

notes

**ROS**

Make All:

Yes No N/A

General - night sweats

notes

General - easy bruising

notes

General - fatigue, weakness

notes

Sleep - general sleep issues

notes

Sleep - hard to fall asleep

notes



Sleep - hard to stay asleep

notes

Cardiac - lightheaded

notes

Cardiac - palpitations

notes

Yes No N/A

Cardiac - swelling in ankles

notes

Respiratory - shortness of breath, dyspnea

notes

Endo - cold often

notes

Endo - amenorrhea, irregular cycles

notes

Endo - hot flashes

notes

GI - abdominal pain with anxiety

notes

GI - abdominal pain with food

notes

GI - acid reflux

notes

Yes No N/A

GI - Constipation

notes

GI - Diarrhea

notes

MSK - weakness, unable to exercise/exert self

notes

Neuro - "brain fog", cognitive slowing, grades slipping

notes



- Neuro - headaches**  
notes
- Psych - h/o suicide attempts**  
notes
- Psych - self harm (current or past)**  
notes
- Psych - suicidal ideation (current or past)**  
notes
- Yes No N/A** add item  
    
notes

**Physical Exam**

Make All: **ABN** **NL** **N/E**

ABN NL N/E

- General Appearance**  
notes
- Head**  
notes
- Eyes**  
notes
- Nose**  
notes
- Oropharynx**  
notes
- Cardiovascular**  
notes
- Abdomen**  
notes
- Musculoskeletal**  
notes

ABN NL N/E



- Neurologic**  
notes
- Skin**  
notes
- add item**  
notes

**Lab**

Print Labels

Generate Requisition

- Eating Disorder Initial
- Hormone Panel
- Testosterone
- Hemoglobin A1C
- Amylase
- Lipase
- ESR
- CRP inflammatory
- Zinc
- Celiac testing
- Pregnancy screen/HCG (urine, in office)
- select a lab

**Medical Test**

- EKG
- select a medical test

**Medical Procedure**

- Pulse Oximetry





Order

## Radiology

Generate Requisition

Order

## Diagnoses

Atypical anorexia nervosa

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Anorexia nervosa, restricting type

Refine the diagnosis of Anorexia nervosa, restricting type

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Anorexia nervosa, binge-eating purging type

Refine the diagnosis of Anorexia nervosa, binge-eating purging type

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Anorexia nervosa co-occurrent with dangerously low body weight

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Bulimia nervosa

Refine the diagnosis of Bulimia nervosa

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Bulimia nervosa, purging type

Refine the diagnosis of Bulimia nervosa, purging type

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Abnormal weight loss



Refine the diagnosis of Abnormal weight loss

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Nutritional deficiency state

Refine the diagnosis of Nutritional deficiency state

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Malnutrition (calorie)

Refine the diagnosis of Malnutrition (calorie)

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Avoidant restrictive food intake disorder

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Aversion to food or drink

Refine the diagnosis of Aversion to food or drink

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Gastroesophageal reflux disease

Refine the diagnosis of Gastroesophageal reflux disease

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:

Constipation

Refine the diagnosis of Constipation

Include on Patient Reports

notes

Add to Problem List

Onset:

Problem Note:



**Gastroparesis syndrome**  
 Refine the diagnosis of Gastroparesis syndrome  Include on Patient Reports  
 notes ▼  
 Add to Problem List    Onset:     Problem Note:

select diagnosis ▼  
 notes ▼

**Assessment**

**Education Provided**

**Select All**

**Diagnosis provided and discussed malnutrition**  
 notes ▼

**Risk of refeeding syndrome with increases in meal plan following malnutrition**  
 notes ▼

**Discussed abnormal vital signs and how malnutrition contributed**  
 notes ▼

**Begin daily multivitamin**  
 notes ▼

**Remove all scales from the home**  
 notes ▼

**Avoid caffeine**  
 notes ▼

**add item** ▼  
 notes ▼

**Eating Disorder Plan**

**Select All**

**Meal plan per RD - 3 meals and 2-3 snacks**  
 notes ▼

**Cardiology**



notes

- Ordered initial labs to evaluate severity and/or complications of nutritional deficiency secondary to the eating disorder.

notes

- Vitamins/Minerals - MVI, Calcium, Vit D, Zinc, Fish Oil

notes

- General - Recommend blind weights only. Can provide form for other visits where weight is obtained.

notes

- Medication Management

notes

- Exercise - Restricted due to medical concerns.

notes

- Exercise - minimal exertion. Allow 20 minutes of walking or light activity 3 days per week max.

notes

- Exercise - no restrictions

notes

- GI- Constipation is a common complication of both malnutrition and introduction of feeds. Recommend Miralax and increased water/fluid intake. Education provided.

notes

- GI - Reflux reported and recommend TUMS PRN with reassessment at next visit

notes

- GI - Delayed gastric emptying discussed and education provided on malnutrition being the cause. Will improve with consistent nutrition.

notes

- Menses - ordered hormone levels due to severity of malnutrition

notes

- Menses - Primary amenorrhea likely due to a combination of age and energy deficit secondary to the eating disorder

notes

- Menses - recommend DEXA for further assessment due to concerns regarding lack of pubertal growth

notes

- Menses - Secondary amenorrhea likely secondary to hypothalamic amenorrhea from severe undernourishment with energy deficit secondary to their eating disorder.



notes

Other

notes

add item

notes

**Plan Notes**

[Empty text box for Plan Notes]

**Greater than 50% of today's visit was spent in counseling**

Select All

The majority of time was spent on expertise education regarding eating disorder and coordination of care with multidisciplinary care team

notes

>45 minutes total

notes

add item

notes

**Followup**

- Follow up in One Week
- Follow up in 10 days
- Follow up in 1 month
- Follow up Feeding Skills Provider
- Follow up with Dietitian
- Follow up Therapist (Psychotherapist)
- select a followup

**Referral**

select a referral

**Care Plan (Chart-wide)**

No Interventions

Display:

**Forms**



## Visit Documents

### Navigational Anchors in CEDAR Eating Disorder Initial

1. Vitals
2. Growth Charts
3. HPI
4. Past, Social, Family History
5. Medication History
6. Confidential Notes
7. Physical Exam
8. Lab
9. Diagnoses
10. Plan Notes
11. Prescriptions
12. Forms