



Vitals

Height in +

Weight lbs oz +

BMI

Pulse bpm +

Blood Pressure s / d +
 Unspecified Location
 Sitting

Respiratory Rate bpm +

Temperature °F +
 Tympanic

O₂ Saturation % +

[More](#)

Vital Notes

► **Ideal Body Weight (Chart-wide)** No Saved Notes

[Edit](#)

Intake

Growth Charts

Growth Charts are not available when patient's sex is unknown.

Informant/Relationship

Clinical Care Team (Chart-wide) No Saved Notes

[Edit](#)

Problem List (Chart-wide)

Display:

[Edit](#)

Status	Problem	Problem Note	Onset	Resolved

Past, Social, Family History

Medical History (Chart-wide) No Saved Notes

[Edit](#)

Allergies (Chart-wide)

Display:

[Edit](#)



Status	Allergy	Reaction	Onset	Resolved

Medication History (Chart-wide) Last Modified N/A

Display: All Statuses ▼

Status	Medication	Instructions	Start	Stop

Mark as Reviewed

fineprintLbl

Family Medical History (Chart-wide)

Edit

Condition	Relationship	Note

Social History (Chart-wide) No Saved Notes

Edit

► **Confidential Notes (Chart-wide)** No Saved Notes

Edit

ED onset (Chart-wide) No Saved Notes

Edit

ED Behavior Timeline (Chart-wide) No Saved Notes

Edit

Mental Health Treatment History (Chart-wide) No Saved Notes

Edit

Interim History

24 Hr Food recall

Breakfast

notes ▼

AM Snack

notes ▼

Lunch

notes ▼

Afternoon Snack

notes ▼

Dinner

notes ▼



PM Snack

notes

Fluids

notes

ROS

Make All: Yes No N/A

Yes No N/A

General - fatigue, weakness

notes

General - night sweats

notes

Cardiac - palpitations

notes

Cardiac - swelling in ankles

notes

Respiratory - shortness of breath, dyspnea

notes

Endo - amenorrhea, irregular cycles

notes

Endo - hot flashes

notes

GI - abdominal pain with anxiety

notes

Yes No N/A

GI - abdominal pain with food

notes

GI - acid reflux

notes

GI - Constipation

notes

GI - Diarrhea



notes

MSK - weakness, unable to exercise/exert self

notes

Neuro - "brain fog", cognitive slowing, grades slipping

notes

Neuro - headaches

notes

Psych - h/o suicide attempts

notes

Yes No N/A

Psych - self harm (current or past)

notes

Psych - suicidal ideation (current or past)

notes

add item

notes

Growth/Development History

Select All

LMP

notes

Male Acne/body hair/facial hair

notes

History of contraception

notes

add item

notes

Physical Exam

Make All: ABN NL N/E

ABN NL N/E

General Appearance



notes

Head

notes

Eyes

notes

Nose

notes

Oropharynx

notes

Cardiovascular

notes

Abdomen

notes

Musculoskeletal

notes

ABN NL N/E

Neurologic

notes

Skin

notes

add item

notes

Past Lab/Imaging (Chart-wide) No Saved Notes

Edit

Lab

Print Labels

Generate Requisition

Eating Disorder Electrolytes - Monitoring

Pregnancy screen/HCG (urine, in office)

select a lab

Medical Test

EKG



Order

Medical Procedure

Order

Order

Radiology

Generate Requisition

Order

Diagnoses

Anorexia nervosa, restricting type

Include on Patient Reports

Add to Problem List Onset: Problem Note:

Anorexia nervosa, binge-eating purging type

Include on Patient Reports

Add to Problem List Onset: Problem Note:

Eating disorder

Include on Patient Reports

Add to Problem List Onset: Problem Note:

Starvation-related malnutrition

Include on Patient Reports

Add to Problem List Onset: Problem Note:

Malnutrition (calorie)

Include on Patient Reports

Add to Problem List Onset: Problem Note:

Exercises education, guidance, and counseling



Include on Patient Reports

notes ▼

Add to Problem List Onset: Problem Note:

Dietary management education, guidance, and counseling

Include on Patient Reports

notes ▼

Add to Problem List Onset: Problem Note:

Constipation

Refine the diagnosis of Constipation ▼

Include on Patient Reports

notes ▼

Add to Problem List Onset: Problem Note:

Anxiety

Refine the diagnosis of Anxiety ▼

Include on Patient Reports

notes ▼

Add to Problem List Onset: Problem Note:

Bradycardia

Refine the diagnosis of Bradycardia ▼

Include on Patient Reports

notes ▼

Add to Problem List Onset: Problem Note:

select diagnosis ▼

notes ▼

Assessment

Screening

PHQ-9

SCARED Screening

select a screening ▼



Eating Disorder Plan

Select All

- Education provided on importance of strict adherence to the meal plan
- General - monitor weights closely as patient currently in weight gain phase following malnutrition.
- Meal plan per RD - 3 meals and 2-3 snacks
- Vitamins/Minerals - MVI, Calcium, Vit D, Zinc, Fish Oil
- Labs
- Medication Management
- Cardiology
- Exercise - Restricted due to medical concerns.
- Exercise - minimal exertion. Allow 20 minutes of walking or light activity 3 days per week max.
- Exercise - no restrictions
- GI- Constipation is a common complication of both malnutrition and introduction of feeds. Recommend Miralax and increased water/fluid intake. Education provided.
- GI - Reflux reported and recommend TUMS PRN with reassessment at next visit
- GI - Delayed gastric emptying discussed and education provided on malnutrition being the cause. Will improve with consistent nutrition.
- Menses - recommend DEXA for further assessment due to concerns regarding lack of pubertal growth



- Other
notes
- add item
notes

Education Provided

- Select All**
- Importance of strict adherence to the meal plan
notes
 - Abnormal labs and recommendation for future monitoring
notes
 - Discussed abnormal vital signs and how malnutrition contributed
notes
 - Risk of refeeding syndrome with increases in meal plan following malnutrition
notes
 - Medication Side effects
notes
 - add item
notes

Plan Notes

[Empty text box for Plan Notes]

Greater than 50% of today's visit was spent in counseling

- Select All**
- The majority of time was spent on expertise education regarding eating disorder and coordination of care with multidisciplinary care team
notes
 - >45 minutes total
notes
 - >25 minutes total
notes
 - >15 minutes total



notes

add item

notes

Followup

Order Follow up in 1 month

Order Follow up in One Week

Order Follow up in 10 days

Order select a followup

Referral

Order select a referral

Care Plan (Chart-wide)

Print

Display: All Statuses

Edit

No Interventions

Forms

select a form

Visit Documents

- Navigational Anchors in CEDAR Eating Disorder Follow Up**
1. Vitals
 2. HPI
 3. Growth Charts
 4. Past, Social, Family History
 5. Medication History
 6. Confidential Notes
 7. Physical Exam
 8. Lab
 9. Diagnoses
 10. Eating Disorder Plan
 11. Plan Notes
 12. Prescriptions
 13. Forms