

pcc 03/03/2025 3:24PM Page 1 of 10

Status	Allergy	1	R	eaction	Onset	Res	oivea
PCC eRx Allergi	ies (Chart-wide) Last N	Modified N/A		Display	y: All Status	ses	
Status	Allergen	11-28	action	Severity Sensitivity T	ype Onset	Res	olved
Mark as Reviewed						fine	eprintLb
Medication Hist	tory (Chart-wide) Last	Modified N/A		Display	/: All Status	ses	*
Status	Medication			Instructions		Start	Stop
Mark as Reviewed	tions					fine	eprintLl
							•
Past, Social, Fa	mily History						
Problem List (C	hart-wide)			Display: All Statu	ises 🔻		Edit
Status	Problem		Prol	olem Note	Onset	Res	olved
	,, ,	o Saved Notes					Edit
amily Medical	History (Chart-wide)		lationship		Note	2	
Family Medical			lationship		Note	2	Edit
Family Medical Co	History (Chart-wide)	Re	lationship		Note		
Family Medical Co	History (Chart-wide) ondition	Re	lationship		Note		Edit
Family Medical Co Social History (History (Chart-wide) ondition Chart-wide) No Saved	Re			Note		Edit
Family Medical Consideratial	History (Chart-wide) ondition Chart-wide) No Saved	Re			Note		Edit
Family Medical Consideratial	History (Chart-wide) ondition Chart-wide) No Saved	Re			Note		Edit
Family Medical Consideration (History (Chart-wide) ondition Chart-wide) No Saved Notes (Chart-wide) N	Re			Note		Edit
Family Medical Consideration (History (Chart-wide) ondition Chart-wide) No Saved Notes (Chart-wide) N	Re			Note		Edit
Family Medical Consocial History (Confidential I HPI D2C ROS Gastro Make All: Yes	History (Chart-wide) ondition Chart-wide) No Saved Notes (Chart-wide) N	Re			Note		Edit
Family Medical Consider the Confidential of t	History (Chart-wide) ondition Chart-wide) No Saved Notes (Chart-wide) N	Re			Note		Edit
Family Medical Consocial History (Confidential HPI D2C ROS Gastro Make All: Yes Yes No N/A	History (Chart-wide) ondition Chart-wide) No Saved Notes (Chart-wide) No ointestinal No N/A	Re			Note		Edit

pcc 03/03/2025 3:24PM Page 2 of 10

			notes	•
000	0	Epigastric abdominal pain		
			notes	•
0	0	0	GER/reflux/ spitting up/ heartburn	
			notes	•
0	0	0	Abdominal pain worse/better after meals	
			notes	*
0	0	0	Bloating/abdominal distention	
			notes	*
0	0	0	Diarrhea	
			notes	•
0	0	0	Constipation	
			notes	•
es	No ○	N/A	Change in stool color, consistency	
			notes	*
0	0	0	Blood in stools	
			notes	v
0	0	0	Mucous in stools	
			notes	•
0	0	0	Loss of bowel control/encopresis	
			notes	_
		0	add item	•
0	0			

pcc 03/03/2025 3:24PM Page 3 of 10

0	0	0	Eyes	
			notes	•
0	0	0	Ears, Nose, Mouth, Throat	
			notes	▼
0	0	0	Cardiovascular	
			notes	•
0	0	0	Respiratory	
			notes	-
0	0	0	Gastrointestinal	
			notes	▼.
0	0	0	Genitourinary	
			notes	•
Abn	NL	N/A		
0	0	0	Lymphatic	
			notes	▼.
0	0	0	Integumentary	
			notes	▼
0	0	0	Endocrine	
			notes	•
0	0	0	Musculoskeletal	
			notes	•
0	0	0	Neurologic	
			notes	-
0	0	0	Psychiatric	
			notes	•
0	0	0	add item	▼
		955	notes	-

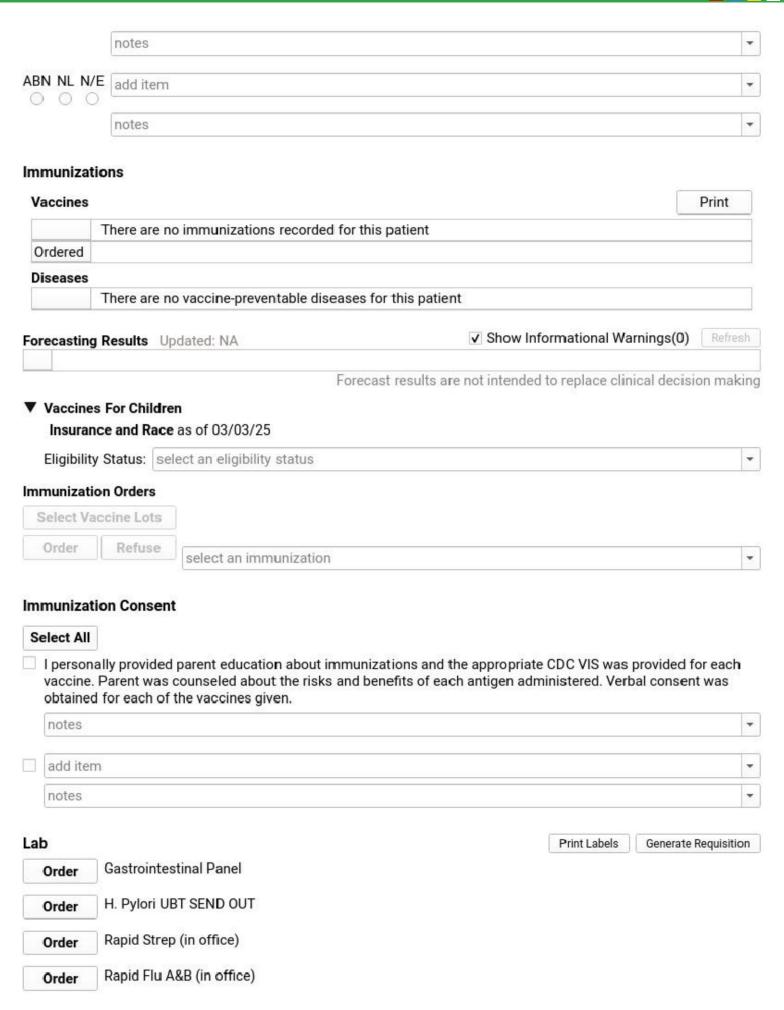
Physical Exam

Make All: ABN NL N/E

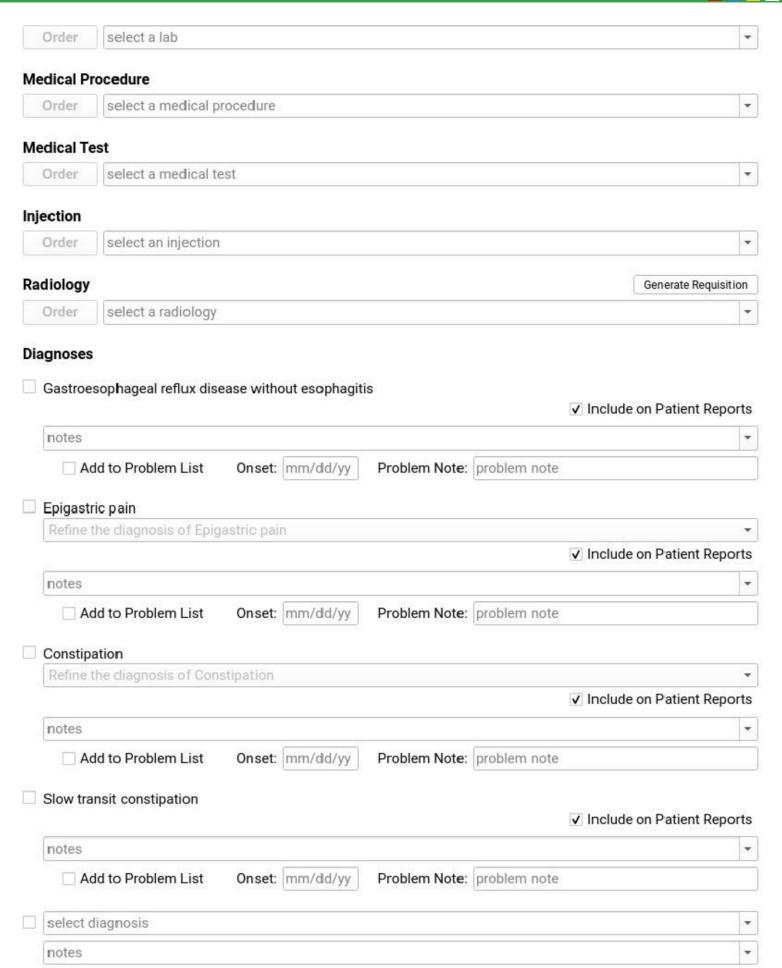
ABN NL N/E

pcc 03/03/2025 3:24PM Page 4 of 10

O O Psychiatric Page 5 of 10 pcc 03/03/2025 3:24PM



pcc 03/03/2025 3:24PM Page 6 of 10

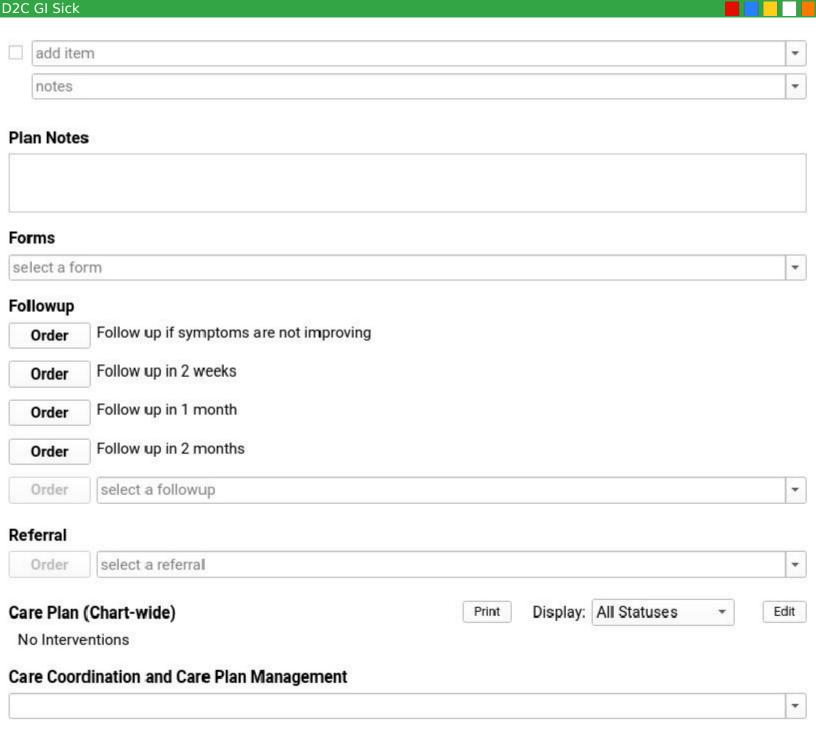


pcc 03/03/2025 3:24PM Page 7 of 10

D2C Plan Food/Allergen Induced Digestive issues

S	Select All						
	Advised to keep a detailed food, drink, symptom, stool diary for 2 weeks						
	notes	-					
	Discussed the role of the immune system in gut health						
	notes	-					
	Trial of single food elimination approach to determine which agents are causing more digestive issues						
	notes	-					
	Discussed the possible causes of chronic digestive issues include infectious, allergic, autoimmune, metabolic and emotional triggers						
	notes	*					
	Discussed the role of the gastroenterologist in evaluation of chronic digestive issues	Discussed the role of the gastroenterologist in evaluation of chronic digestive issues					
	notes	-					
	Avoid foods that are spicy, greasy, heavy, sugary as they are typically hard to digest						
	notes	-					
	Discussed the difference between food allergies and food sensitivities						
	notes	*					
	Discussed eosinophilia and how it may affect the esophagus or intestines	Discussed eosinophilia and how it may affect the esophagus or intestines					
	notes	-					
	Discussed hereditary factor in digestive health						
	notes	-					
	Discussed how IgE related allergen responses can be associated with changes in the gut						
	notes	-					
	Discussed importance of fluid and fiber for the digestive tract						
	notes	-					
	Discussed the components of food sensitivities can be related to sugar/carbohydrate or protein						
	notes	-					
	Discussed the elements of disective processes in depth						
	Discussed the elements of digestive processes in depth notes						
	Company Company (Company Company Compa						
	Discussed the gut microbiome and the need for balance in the healthy gut flora						
	notes	-					

pcc 03/03/2025 3:24PM Page 8 of 10



Visit Documents

pcc 03/03/2025 3:24PM Page 9 of 10

Navigational Anchors in D2C GI Sick

- 1. Intake
- 2. Screening
- 3. Growth Charts
- 4. Past, Social, Family History
- 5. Medical History
- 6. HPI
- 7. Review of Systems
- 8. Physical Exam
- 9. Immunizations
- 10. Lab
- 11. Medical Procedures
- 12. Injection Orders
- 13. Radiology
- 14. Diagnoses
- 15. Prescriptions
- 16. D2C Plan Food/Allergen Induced Digestive issues
- 17. Forms
- 18. Followup Orders
- 19. Referral
- 20. Visit Documents

pcc 03/03/2025 3:24PM Page 10 of 10